

# Highlights

FROM LAST MONTH



## Hand Puppets



Get ready for a delightful performance as the children from **Young at Heart Kids Group** bring their imagination to life with a special puppet show just for you!

March 31st  
@10am Villa D

## Pet Therapy

Come down to the main courtyard to see a mini horse named Pixie from **Horses With Smiles**.



March 25th  
@11:30

## GUIDED MEDITATION



By Riko

2PM • March 28th, Villa D

## FIT AS A FIDDLE



"GET READY TO MOVE, GROOVE, AND FEEL GREAT WITH FIT AS A FIDDLE BY GEORGIE—AN ENERGIZING CHAIR DANCING EXERCISE THAT KEEPS YOU ACTIVE, HAPPY, AND STRONG!"

MARCH 6TH  
2PM VILLA D

## OFFICE HOURS

Monday - Friday.....8am-5pm  
Saturday.....10am-4pm  
Sunday.....Closed  
Office.....520-531-0086  
Main Fax.....520-268-9796  
Admissions/Marketing Fax.....520-268-9795

# PARK Senior Villas

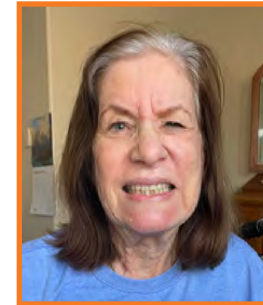
• LA CAÑADA •

MARCH 2025

ASSISTED LIVING & MEMORY CARE COMMUNITIES

## RESIDENT SPOTLIGHT

### Herma Olt

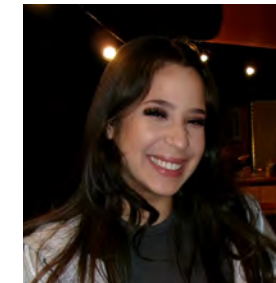


Herma is a warm and lively woman who grew up in California and spent most of her life in Chicago. Raised with her sister, Melody, she was surrounded by pets and developed a lifelong love for animals, especially giraffes. She worked as a PBX operator in hospitality, was married for 15 years, and has a daughter, Samantha and a grandchild, Draven. Herma enjoys all kinds of food, pop music, needlepoint and the outdoors. She even lived in Hawaii for a year, embracing life's adventures with resilience and joy. We are so happy to have you here Herma!

## EMPLOYEE SPOTLIGHT

### Isabella Jacobo

Certified Caregiver



Isabella is a warm and driven soul, born and raised in Tucson. After graduating from Catalina High School in 2020, she became a compassionate caregiver in 2021. Isabella is pursuing radiology to become an MRI tech. She loves being an aunt and cherishes time with her family and friends. With a passion for seafood, R&B music, and getting lost in a good book, Isabella finds joy in life's simple pleasures while embracing every moment with heart and dedication. Thank you Isabella for all you do!

## Our Park Senior Villas Team

- Liesen Clemons - General Manager
- Jennifer Allen - Director of Health & Wellness
- Jennifer Kramer - Health Unit Coordinator
- Meredith Sornmuk - Admin Coordinator
- Trish Baron - Staff Coordinator
- Lourdes Villa - Sales Coordinator
- Destiny Vasquez - Activities Coordinator
- Alejandro Villa - Maintenance Director
- Mabisaraid Rodriguez - RCC
- Juan Trujillo - RCC
- Jewel Contreras - RCC

**SHAKE YOUR Shamrocks!**  
17 MARCH 2025  
**HAPPY SAINT PATRICK'S DAY**

**COME DOWN TO VILLA D @2PM TO CELEBRATE!**

**TREATS AND BEVERAGES WILL BE PROVIDED!**

**WELCOME MARDI GRAS MUSIC**

**JOIN US FOR A DAY OF FUN WITH ROXANNA FOR A MARDI GRAS MUSICAL PERFORMANCE!**

MARCH 11TH TUESDAY @2PM VILLA J

# March

## LA CAÑADA ACTIVITY CALENDAR

### PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • MARCH 2025

Please Note - Calendar Events are subject to change.  
If you have any questions or suggestions, please contact Destiny.

Happy Birthday!

- Sammy P. - 3/10
- Ronald H. - 3/17
- John C. - 3/18
- Felice B. - 3/21
- Charlene M. - 3/23
- Nan B. - 3/24
- Suzan R. - 3/28

Welcome New Residents!

Betsy Elvis

### St. Patrick's Day Word Search

I L S H A M R O C K G C M A  
R F C T S A A L U I S J G O  
E A O H P O K R N M A G I C  
P N L U H A C J C A I C K O G Y S G  
O D E R R G T I S H N W I S H I A O  
T G P A M L U R H G T D R D N O C L  
O R M R O E E C I A I R E S E L N D  
F O G A E P K A Y C M O L U C K Y C  
G R E E N R G T F D K R A C V E N O  
O A C D A E A O R C A S N K T U T I  
L N N J H C S I O E L C D A N C E N  
D G A I U H A H N D I O N A E E N S  
E E P G C A I A M B L R V C Y T H C  
E J A I M U S I C U O U L E K E A K  
N I T K R N N T O R C W C A R Y R H  
S E V E N T E E N T H K L K N D P S

Find the words in the puzzle. Words are hidden →, ↓, and ↘.

- |                  |            |                   |
|------------------|------------|-------------------|
| DANCE            | JIG        | POT OF GOLD       |
| FOUR-LEAF CLOVER | LEPRECHAUN | RAINBOW           |
| GOLD COINS       | LUCKY      | SAINT             |
| GOOD LUCK        | MAGIC      | SEVENTEENTH       |
| GREEN            | MARCH      | SHAMROCK          |
| HARP             | MUSIC      | ST. PATRICK'S DAY |
| IRELAND          | ORANGE     | WISH              |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="text-align: center;">March 2025</h2> <p style="text-align: center;">"Marching into a month of love and care!"</p>						
<b>10am:</b> Church/Mass CH #363-373 (All)  <b>2pm:</b> Movie Screening (All)	<b>10am:</b> Young at Hearts Group (F) <b>2pm:</b> Mardi Gras mask craft w/ Agape (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Leprechaun Craft (I) <b>2pm:</b> Mardi Gras Face Painting (F) <b>4pm:</b> 1:1 Visits <small>Mardi Gras</small>	<b>10:30am:</b> Chair Yoga w/ Jamie (F) <b>2pm:</b> Bingo (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Fit as a Fiddle w/ Georgie (D) <b>2pm:</b> Bracelet/Necklace Making (G) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Café (H) <b>2pm:</b> Pie Face Game (G) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Morning Music (All) <b>1:1-</b> coloring and puzzles (All) <b>2pm:</b> 1:1 with Activities Assistant
<b>10am:</b> Church/Mass CH #363-373 (All)  <b>2pm:</b> Music in the living Room (All) <small>Daylight Saving Time Begins</small>	<b>10am:</b> Ping Pong (B) <b>2pm:</b> Root Beer Floats (H) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Trivia Day (F) <b>2pm:</b> Live Music w/ Roxanna/ Mardi Gras Celebration (J) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Drum Chair exercise w/ Sherie (D) <b>2pm:</b> Bingo (C) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Lucky Charms Cereal/ Social Hour (D) <b>2pm:</b> Book Cart (All) <b>4pm:</b> 1:1 Visits <small>Purim Begins</small>	<b>10am:</b> Café/ Music with Agape (J) <b>2pm:</b> MC- Coloring matching/ Uno (I) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Morning Music (All) <b>1:1-</b> coloring and puzzles (All) <b>2pm:</b> 1:1 Activities Assistant
<b>10am:</b> Church/Mass CH #363-373 (All)  <b>2pm:</b> Movie Screening (All)	<b>10am:</b> Young at Hearts Group (G) <b>2pm:</b> St Patty's Day Party (D) <b>4pm:</b> 1:1 Visits <small>St. Patrick's Day</small>	<b>10:30am:</b> Live Music w/ Albert Gali (C) <b>2pm:</b> Panda Craft for National Panda Day! (D) <b>4pm:</b> 1:1 Visits	<b>10:30:</b> Chair Yoga w/ Jamie (F) <b>2pm:</b> Bingo (J) <b>4pm:</b> 1:1 Visits	<b>10am:</b> "Who is Most like a Leprechaun? Activity (J) <b>2pm:</b> Virtual Reality w/ Aegis (F) <b>4pm:</b> 1:1 Visits <small>Spring Begins</small>	<b>10am:</b> Café (F) <b>2pm:</b> National Hand Puppet Day! Craft (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Morning Music (All) <b>1:1-</b> coloring and puzzles (All) <b>2pm:</b> 1:1 Activities Assistant
<b>Nj. 10am:</b> Church/Mass CH #363-373 (All)  <b>2pm:</b> Music in the living Room (All)	<b>10am:</b> Ring Toss Activity (G) <b>2pm:</b> Chair Volleyball (F) <b>4pm:</b> 1:1 Visits	<b>11:30:</b> Miniature Horse Therapy w/ Pixie (D courtyard) <b>2pm:</b> Would You Rather Game (F) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Drum Chair Exercise w/ Sherie (D) <b>2pm:</b> Bingo (C) <b>4pm:</b> 1:1 Visits	<b>10am:</b> MC- Wood Pattern Blocks/ Who's the Dude Game (I) <b>2pm:</b> Birthday Party (J) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Café (C) <b>2pm:</b> Guided Mediation w/ Riko (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Morning Music (All) <b>1:1-</b> coloring and puzzles (All) <b>2pm:</b> 1:1 Activities Assistant
<b>10am:</b> Church/Mass CH #363-373 (All)  <b>2pm:</b> Movie Screening (All)	<b>10am:</b> Young at Hearts Group Hand Puppet Show (D) <b>2pm:</b> Uno (F) <b>4pm:</b> 1:1 Visits	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Key: MC- Memory Care specific activity</p> <p><i>On a lucky day, they say, A leprechaun might just play. With a coin or two, He'll give to you, If kindness, you display.</i></p> </div> </div>				

All activities are subject to change. Please contact Destiny Vasquez with any questions or to RSVP Destiny@parksv.com (520) 561-4390