

# Highlights

FROM LAST MONTH



# PARK

## Senior Villas

• HOUGHTON •

MARCH 2025

ASSISTED LIVING & MEMORY CARE COMMUNITIES

### RESIDENT SPOTLIGHT

*Arline*



Arline was born in Merrill, Wisconsin, where she spent most of her life. She grew up in a friendly neighborhood surrounded by good friends. She worked at a bank and served as a cashier at a supermarket. Arline and her husband, Robert, were married for 56 years and traveled extensively due to his career in the ceramic tile business. They raised five children and are blessed with 11 grandchildren, 13 great-grandchildren and a new great-great-granddaughter. Arline has a passion for arts and crafts, enjoys attending craft shows and loves reading mystery and legal books. Her favorite things include babies and gardening.

### EMPLOYEE SPOTLIGHT

*Nate*



Nate is one of our dedicated Assistant Caregivers. A native of Arizona, he has lived in both Tucson and Winslow. Nate has a true passion for helping others and enhancing their quality of life. He is a 2017 graduate of Winslow High School. Nate is a proud father to a son and daughter. He loves spending time with them. He enjoys listening to music by J. Cole. Nate played football throughout high school. His favorite football team is the Arizona Cardinals!



Join us!  
**3/26  
 2PM  
 VILLA DD**

### Monthly Birthday CELEBRATION

With Live Music from Monsoon Wind Band!

### ALL ABOUT Aromatherapy

Aromatherapy is a natural, soothing way to enhance your well-being, and we're excited to introduce its benefits to our community! In this special session, you'll discover how essential oils can improve your mood, help with relaxation, and support mental and physical health.

**3/28  
 2PM  
 VILLA FF**

**In This Presentation, You'll Learn:**

- What it's like to live on the trail and carry everything you need on your back
- The challenges and rewards of long-distance hiking
- How hiking can improve your health and well-being, even later in life
- Tips for staying active outdoors, whether it's a short walk or a long adventure
- Stories of Kyle's personal journey and how nature can be a source of peace and joy

This presentation is perfect for seniors who love nature, want to learn about the outdoors, or simply enjoy inspiring stories of adventure.

*Discover the Wonders of*  
**Thru Hiking**

Join us for an Inspiring Journey Through America's Most Iconic Trails

**17 Date: Saturday, March 8th**  
**Location: Villa GG Time: 2pm**

Kyle, an experienced hiker with over 8,000 miles under his boots, will share his unforgettable experiences hiking some of the longest and most scenic trails in the United States:  
 The Appalachian Trail  
 The Pacific Crest Trail  
 The Continental Divide Trail

Having completed all three trails, Kyle earned the prestigious Triple Crown of Hiking, a remarkable achievement that very few have accomplished.

Please join us to celebrate

## St. Patrick's Day PARTY

**17 MARCH**  
 2pm  
 Villa GG

Special Drinks  
 Snacks  
 & A Leprechaun Visit!

**Portrait Presentations**  
**MARCH 5TH**  
**11:30am ... Villa AA**

High school students from Mica View High School are set to return and showcase their handmade portraits that reflect the residents they interviewed during their last visit to our community!

### Our Park Senior Villas Team

- Janice Creasy - General Manager
- Christine Zuniga - Director of Health & Wellness
- Lorena Rodriguez - Admin/Staff Coordinator
- Samantha Wood - Activities Coordinator
- Kenny Davis - Dietary Coordinator
- Steve Herbster - Maintenance Director
- Kaila Miller - Resident Care Coordinator
- Amber Kunz - Resident Care Coordinator

### OFFICE HOURS

**Monday - Friday** ..... 9am-5pm  
**Saturday** ..... By Appointment  
**Sunday** ..... Closed  
**Office** ..... 520-219-0160  
**Fax** ..... 520-546-2124

# March

## HOUGHTON ACTIVITY CALENDAR

## PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • MARCH 2025

Please Note - Calendar Events are subject to change.  
If you have any questions or suggestions, please contact Samantha Wood.

### Happy Birthday!



3/9 - Alma C.  
3/19 - Mary R.  
3/24 - Patrica H.  
3/24 - Rae Jean T.  
3/30 - Pauline W.



### Welcome New Residents!

Bonnie Alma Marguerite  
Wanda Larry Jeanell

### St. Patrick's Day Word Search

I	L	S	H	A	M	R	O	C	K	G	C	M	A
R	F	C	T	S	A	A	L	U	I	S	J	G	O
E	A	O	H	P	O	K	R	N	M	A	G	I	C
P	N	L	U	H	A	C	J	C	A	I	C	K	O
G	Y	S	G	O	D	E	R	R	G	T	I	S	H
N	W	I	S	H	I	A	O	T	G	P	A	M	L
U	R	H	G	T	D	R	D	N	O	C	L	O	R
M	R	O	E	E	C	I	A	I	R	E	S	E	L
N	D	F	O	G	A	E	P	K	A	Y	C	M	O
L	U	C	K	Y	C	G	R	E	E	N	R	G	T
F	D	K	R	A	C	V	E	N	O	O	A	C	D
A	E	A	O	R	C	A	S	N	K	T	U	T	I
L	N	N	J	H	C	S	I	O	E	L	C	D	A
N	C	E	N	D	G	A	I	U	H	A	H	N	D
I	O	N	A	E	E	N	S	E	E	P	G	C	A
I	A	M	B	L	R	V	C	Y	T	H	C	E	J
A	I	M	U	S	I	C	U	O	U	L	E	K	E
A	K	N	I	T	K	R	N	N	T	O	R	C	W
C	A	R	Y	R	H	S	E	V	E	N	T	E	N
T	H	K	L	K	N	D	P	S					



Find the words in the puzzle. Words are hidden →, ↓, and ↘.

DANCE	JIG	POT OF GOLD
FOUR-LEAF CLOVER	LEPRECHAUN	RAINBOW
GOLD COINS	LUCKY	SAINT
GOOD LUCK	MAGIC	SEVENTEENTH
GREEN	MARCH	SHAMROCK
HARP	MUSIC	ST. PATRICK'S DAY
IRELAND	ORANGE	WISH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 2em;">March 2025</h1>						
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Movie Screening (AA-II)	<b>10am:</b> Origami w/ Miki (EE) <b>2pm:</b> Masquerade Mask Making (II) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Mardi Gras Celebration (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>11:30am:</b> Portrait Presentations with Mica View High School Students (AA) <b>2pm:</b> Bingo (DD) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Trivia Through the Ages (EE) <b>2pm:</b> Sensory Bins (MC) (HH) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Ring Toss Game (CC) <b>2pm:</b> Reminiscing Topics (MC) (DD) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Amanda's 1 Nail Salon (AA-II) <b>2pm:</b> Tic Tac Toe Toss (BB) <b>4pm:</b> 1:1 Visits (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Movie Screening (AA-II)	<b>10:30am:</b> Wild Bill 10 Music Performance (GG) <b>2pm:</b> The Price is Right Game (FF) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Matching Activity (MC) (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Movin & Groovin w/ Amanda (AA) <b>2pm:</b> Bingo (DD) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Intergenerational Play Group (DD) <b>2pm:</b> Leprechaun Craft (CC) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Café Social (DD) <b>2pm:</b> Live Music with Bob (HH) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Amanda's Nail Salon (AA-II) <b>2pm:</b> Movie Screening (DD) <b>4pm:</b> 1:1 Visits (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Movie Screening (AA-II)	<b>10am:</b> Play Dough Creations (MC) (CC) <b>2pm:</b> St. Patty's Day Party (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Bowling (HH) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Movin & Groovin w/ Amanda (II) <b>2pm:</b> Bingo (DD) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Intergenerational Play Group (DD) <b>2pm:</b> Spring Floral Arranging (MC) (FF) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Therapeutic Art-Zentangle Workshop (EE) <b>2pm:</b> Piano Performance (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Reading Cart (AA-II) <b>2pm:</b> Board Games (AA) <b>4pm:</b> 1:1 Visits (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Movie Screening (AA-II)	<b>10am:</b> Meditative Coloring (MC) (GG) <b>2pm:</b> Corn Hole Toss (EE) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Wheel of Fortune (DD) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Bingo (HH) <b>2pm:</b> Monthly Birthday Celebration (DD) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Design Your Own Door Decoration (II) <b>2pm:</b> Getting to Know You Game (CC) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> New Resident Welcome Social (AA) <b>2pm:</b> Aromatherapy (MC) (FF) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Amanda's 29 Nail Salon (AA-II) <b>2pm:</b> Balloon Tennis (CC) <b>4pm:</b> 1:1 Visits (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Movie Screening (AA-II)	<b>10am:</b> Short Story Read Along (GG) <b>2pm:</b> Canvas Painting (MC) (II) <b>4pm:</b> 1:1 Visits (AA-II)	<p style="text-align: center;"> <i>On a lucky day, they say, A leprechaun might just play. With a coin or two, He'll give to you, If kindness, you display.</i> </p>				

All activities are subject to change. Please contact Samantha Wood with any questions or to RSVP [samanthaw@parksv.com](mailto:samanthaw@parksv.com) (520) 282-1488