

# Highlights

FROM LAST MONTH

MAKE  
FLORAL  
ARRANGEMENTS  
2/7 @ 2PM  
IN VILLA C



# PARK Senior Villas

• LA CAÑADA •

love

FEBRUARY 2025

ASSISTED LIVING & MEMORY CARE COMMUNITIES

## RESIDENT SPOTLIGHT

### "Roy" Rogelio Garza

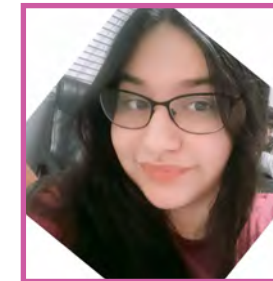


Roy is a kind hearted man with a life full of rich experiences. He grew up in Los Fresnos, Texas with his parents and nine siblings. Roy spent time in California before settling in Arizona, where he has lived for 2.5 years. Roy worked as a farmer, loves gardening and enjoys spending time outdoors. He is a skilled horseback rider and won over five competitions. He has three children and cherishes time with his family. His favorite meals are menudo, huevos rancheros, and enchiladas. He is a fan of "The Beverly Hillbillies." He also enjoys playing pool. We're absolutely thrilled to have you here Roy!

## EMPLOYEE SPOTLIGHT

### Brissette Verdugo

Certified Caregiver



Brissette was born and raised in Tucson and graduated from Cholla High School. She and her boyfriend, who are high school sweethearts, have been together for 8 years and share a daughter.

After initially pursuing cosmetology, Brissette discovered it wasn't her passion and transitioned into caregiving, a field she has been in for about a year and truly enjoys. She loves playing video games and spending time with her family and friends. Her favorite foods are wings and sushi. Her music preferences include hip hop and country. Thank you for all you do Brissette!

**Volunteer Event:**  
**Love Your Neighbor Bags**

"Join us for a heartwarming event hosted by **Unleashed Christian Church Missions Ministry**, as we create wellness bags for those in need and write encouraging cards to uplift their spirits. Let's spread love and give back together!"

FEB 13TH VILLA D @2PM

LET'S HELP THE PEOPLE IN OUR COMMUNITY!

**UNLEASHED**  
CHRISTIAN CHURCH

LOVE

"Love is in the Air:  
"Morning Melodies: Love Songs to Start Your Day"

LIVE PERFORMANCE WITH JESSIAH THE PIANO PLAYER!

FEBRUARY 13TH  
IN VILLA(C)  
@10:30AM!

"Spread joy and hope to children in the hospital by creating heartfelt cards that brighten their day and remind them they're cared for."

Villa J @ 2pm  
FEBRUARY 17TH

**Our Park Senior Villas Team**

- Liesen Clemons - General Manager
- Jennifer Allen - Director of Health & Wellness
- Jennifer Kramer - Health Unit Coordinator
- Meredith Sornmuk - Admin Coordinator
- Trish Baron - Staff Coordinator
- Destiny Vasquez - Activities Coordinator
- Alejandro Villa - Maintenance Director
- Mabisaraid Rodriguez - RCC
- Juan Trujillo - RCC
- Siera Murphy - RCC

**Valentine's**

**OFFICE HOURS**

Monday - Friday.....8am-5pm

Saturday.....By Appointment

Sunday.....Closed

Office.....520-531-0086

Main Fax.....520-268-9796

Admissions/Marketing Fax.....520-268-9795

You Are Invited To

**Valentine's Paint and Sip**

FEBRUARY 11th 2:00 PM (D)

JOIN KATE FROM NOPALERA ART STUDIOS FOR AN INSPIRING STEP-BY-STEP PAINTING SESSION! WHETHER YOU WANT TO CREATE YOUR OWN MASTERPIECE OR SIMPLY WATCH HER ARTISTIC PROCESS UNFOLD, IT'S AN EVENT YOU WON'T WANT TO MISS.

**PARK SENIOR VILLAS**

**FRIDAY, FEBRUARY 14**

PARTY STARTS AT 2 PM

**Lovers' Day**

FREE ENTRY

**DRINKS - MUSIC SWEETS**

VILLA D

6899 N. LA CANADA DRIVE, TUCSON, AZ 85704

TEXT 520-561-4390 TO RSVP

# February

## LA CAÑADA ACTIVITY CALENDAR

## PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • FEBRUARY 2025

Please Note - Calendar Events are subject to change.  
If you have any questions or suggestions, please contact Destiny.

### Happy Birthday!

Shirley S. - 2/2    Colleen K. - 2/3  
Suanne R. - 2/11    Tammy N. - 2/12  
Gary W. - 2/14    Robin O. - 2/16  
"Roy" Rogelio G. - 2/21  
Carol H. - 2/22  
Vivian D. - 2/25

### Welcome New Residents!

Jeanette D. Dennis J. Phyllis T. Barbara R. Kathy K.  
Herma O. Felize B. Jane A. Mercey M. Ronald H.  
Keith H. Karen L. Bruce N. Jack R.

### Valentine's Day Word Search

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k s z i c                f l v k k
k a y r p i a            o r i i n b z
l x q q g l o v e y      h u w u z d n n x w
j x h a j v x g s s o w  i r y a c p o c q a u a
d m a a u a a w n k f h x a t g z e y i n u v l m b
k d i p c f l e g l y p a b t r e f n e n t l t e k y r o i
u k c p f w e u o u m i b v e e k n a v i i a r o a a m m r
s p i y s t n e n r m n a f n z a d t d m d t q l y d n a c
w g u n h x t f c a i k o t y v p b a o i f n a s m i g h o
a c c e d u i d a d a x h u n u e r x p p n e m r u h r u c
u h a b e n n d s d q y d w f t t n u v o w m m e g c e s p
j r k s q n e d j z n t l x w e a c j v c w i n w a r e x e
t d r d o e w s w c x r k q d t l a v c p f t c o n g t a i
c q u t f r r s y z t u u u f o o f a a e n k l b l i d
v c m l d o e h b t f s z s j c q r r r b e m f r v n q
i e j e s r h q h i j a m o o v c d t r s k q t u g
u c g e i k l k g i t e u h f t v y u j l l d v
n s s m y z b n d l e f c i p l z a g l p x
j t d q c t k n h n e l b c z d r p z g
h a w k i l j h z j w k a p i y k x
e u m t t l l l n r s r w y u q
a d m r n e g u h s i y q j
r n w e a y f r d n m e
t e y m m v b e g u
c i u w o q r i
h r p x r t
y f c p
x i
  
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admirer	candy	card	caring
chocolate	cupid	day	feast
february	flowers	fourteenth	friend
gift	greeting	happy	heart
kindness	love	mine	party
pink	red	roman	romantic
roses	saint	sentimental	sweet
sweetheart	tradition	valentine	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2025</h1>						
<b>10am:</b> Church/Mass CH #363-373 (All) <b>2pm:</b> Movie Screening (All) <small>Groundhog Day</small>	<b>10am:</b> Hedgehog V-Day Craft (I) <b>2pm:</b> Valentines Advice Activity (C) <b>4pm:</b> 1:1 Visits	<b>10am:</b> MC- Color Matching Uno (C) <b>2pm:</b> Painting Ornament Craft (C) <b>4pm:</b> 1:1 Visits	<b>10:30am:</b> Chair Yoga (F) <b>2pm:</b> Bingo (C) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Head-Bands Game (I) <b>2:30pm:</b> John King Musician (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Café (I) <b>2pm:</b> Floral Arrangement Activity (C) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Morning Music (All)  <b>1:1-</b> Coloring and puzzles (All) <b>2pm:</b> 1:1 Activities Assistant
<b>10am:</b> Church/Mass CH #363-373 (All) <b>2pm:</b> Music in the Living Room (All)	<b>10am:</b> Young at Hearts Group- V-day Cards (G) <b>2pm:</b> Valentine's cookie w/ Casa De La Luz Hospice (J) <b>4pm:</b> 1:1 Visits	<b>10am:</b> "Wild Bill" Entertainer (C) <b>2pm:</b> Painting w/ Kate from Nopalera Art Studio (D) <b>4pm:</b> 1:1 Visits	<b>10:30am:</b> Chair Yoga (F) <b>2pm:</b> Bingo (J) <b>4pm:</b> 1:1 Visits <small>Tu B'Shevat Begins</small>	<b>10:30am:</b> Love Songs, Live Piano Performance w/ Jessiah (C) <b>2-3:30pm:</b> Love Your Neighbor Bags Craft/ Volunteer (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Café (F) <b>2pm:</b> Valentines Day Dance! (D) <b>4pm:</b> 1:1 Visits <small>Valentine's Day</small>	<b>10am:</b> Morning Music (All)  <b>1:1-</b> Coloring and puzzles (All) <b>2pm:</b> 1:1 Activities Assistant
<b>10am:</b> Church/Mass CH #363-373 (All) <b>2pm:</b> Movie Screening (All)	<b>10am:</b> Chair Volleyball (J) <b>2pm:</b> Uno Flip (B) <b>4pm:</b> 1:1 Visits <small>Presidents' Day (U.S.)</small>	<b>10am:</b> Phase 10 Card Game (I) <b>2pm:</b> Drum Chair Exercise (D) <b>4pm:</b> 1:1 Visits	<b>10:30am:</b> Chair Yoga(F) <b>2pm:</b> Bingo (J) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Scrabble <b>MC-</b> Wood Pattern Blocks (C) <b>2:30pm:</b> John King Musician (J) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Café (C) <b>2pm:</b> Drum Chair exercise (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Morning Music (All)  <b>1:1-</b> Coloring and puzzles (All) <b>2pm:</b> 1:1 Activities Assistant
<b>10am:</b> Church/Mass CH #363-373 (All) <b>2pm:</b> Music in the Living Room (All)	<b>10am:</b> Young at Hearts Group (G) <b>2pm:</b> Drum Chair exercise (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Coin Toss Game with Prizes (G) <b>2pm:</b> Book Cart (All) <b>4pm:</b> 1:1 Visits	<b>10:30am:</b> Chair Yoga (F) <b>2pm:</b> Bingo (C) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Tattoos and Booze (F) <b>2pm:</b> Drum Chair Exercise (D) <b>4pm:</b> 1:1 Visits	<b>10am:</b> Café (H) <b>2pm:</b> Birthday Party(J) <b>4pm:</b> 1:1 Visits <small>Ramadan Begins</small>	<b>Key:</b> <b>MC=</b> Memory Care Specific Activity

All activities are subject to change. Please contact Destiny with any questions or to RSVP [Destiny@parksv.com](mailto:Destiny@parksv.com) (520) 561-4390