

Highlights

FROM LAST MONTH



PARK Senior Villas

• HOUGHTON •

love

FEBRUARY 2025

ASSISTED LIVING & MEMORY CARE COMMUNITIES

RESIDENT SPOTLIGHT

Brenda



Brenda was born in London, England and grew up in the West End alongside her brother. She thrived in the vibrant city life during her childhood. She spent much of her adult life in New England, particularly New Hampshire. Brenda graduated from Archbishop Tenison High School and dedicated 30 years of her life to working as a nanny, caring for children between the ages of 3 and 10.

She was married to her husband, John, for 11 years and is a proud mother of three sons and grandmother to three grandchildren. Brenda enjoys knitting, tennis and sewing. Her favorite things in life include her dog Katie, spending time with children, traveling and listening to music—especially classical music.

EMPLOYEE SPOTLIGHT

Deysi



Deysi is an Assistant Caregiver, inspired to pursue this path by her mother, who is also a Caregiver. Born in Cancun, she moved to Tucson, Arizona at the age of 8 and has spent most of her life in the state. Deysi has a passion for connecting with people and communicating. She graduated from Desert View High School and is the youngest of two siblings. In her free time, she enjoys spending time with friends, taking trips to Mexico, shopping, watching movies and traveling.

2/5 LIVE MUSIC
WITH **FRANK ROSS**

2PM VILLA AA

DEMENTIA TRAINING 

Join Bob from Arista Healthcare for an informative session on dementia. Learn about the true nature of dementia and its effects on the lives of those it touches. Acquire essential skills for effectively communicating with individuals living with dementia. This will be a welcoming space to ask questions and gain insights on how to provide the best support for our residents.

February 5th
10am: 1st Session (FF)
2pm: 2nd Session (DD)

Open to Staff, Families & Residents

Benefits Include...

- Socialization
- Boost Self Esteem
- Reminiscing
- Maintain a Sense of Purpose
- Stimulate Cognitive Function

2/6 10am Villa DD

Life Skills Memory Care Activity (Laundry Folding)

Our Park Senior Villas Team

Janice Creasy - General Manager
Christine Zuniga - Director of Health & Wellness
Samantha Wood - Activities Coordinator
Kenny Davis - Dietary Coordinator
Steve Herbster - Maintenance Director
Kaila Miller - Resident Care Coordinator
Amber Kunz - Resident Care Coordinator

Valentine's

OFFICE HOURS

Monday - Friday..... 9am-5pm
Saturday..... By Appointment
Sunday..... Closed
Office..... 520-219-0160
Fax 520-546-2124

DANCING THROUGH THE AGES

VILLA AA
FEBRUARY 21ST
2PM

We welcome you to join us for an exciting live dance performance by husband and wife duo!

VALENTINES DAY TEA PARTY

FEBRUARY 14TH
2:00PM
VILLA GG

JOIN US FOR A SOCIAL HOUR FEATURING DELICIOUS SWEET TREATS AND ASSORTED TEA!

February

HOUGHTON ACTIVITY CALENDAR

PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • FEBRUARY 2025

Please Note - Calendar Events are subject to change.
If you have any questions or suggestions, please contact Samantha Wood.

February Birthdays

2/6- Carol M.
2/6- Sylvester
2/9- Mickey
2/13- Betsy
2/24- Richard
2/28- Joseph

Welcome New Residents!

Calista Betsy June Katherine
Carol Gloria Dayle

Valentine's Day Word Search

kszic flvkk
kayrpi orinbz
lxqglovey huwuzdnxw
jxhvjvsgssow iryacsocqaua
dmauaawnkfhx atgzeyinuylmb
kdipcfleglypabtrefnentltekyroi
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teymmvbegu
ciuwogri
hrpxrt
yfcpxi

admirer	candy	card	caring
chocolate	cupid	day	feast
february	flowers	fourteenth	friend
gift	greeting	happy	heart
kindness	love	mine	party
pink	red	roman	romantic
roses	saint	sentimental	sweet
sweetheart	tradition	valentine	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2025</h1>						
10am: Church/Mass CH #363-373 (AA-II) 2pm: Movie Screening (AA-II) <small>Groundhog Day</small>	2 10am: Amanda's Nail Salon (AA-II) 2pm: Frank Ross Musical Performance (AA) 4pm: Reading Cart (AA-II)	3 10am: Discussion Group w/ Dave (BB) 2pm: Ladder Ball (CC) 4pm: 1:1 Visits	4 10am: Origami Workshop (FF) 10am: Dementia Training (FF) (Staff & Families encouraged to attend) 2pm: Bingo (DD) 2pm: Dementia Training (Staff) (DD) 4pm: 1:1 Visits (AA-II)	5 10am: Life Skills Memory Care Activity- Folding (DD) (MC) 2pm: Mindfulness Meditation (FF) 4pm: 1:1 Visits (AA-II)	6 10am: Movin' & Groovin' w/ Amanda (AA) 2pm: Key Time Piano Performance (GG) 4pm: 1:1 Visits (AA-II)	7 10am: Music in the Living Room (AA-II) 2pm: Activity Bin (AA-II)
10am: Church/Mass CH #363-373 (AA-II) 2pm: Music in the Living Room (AA-II)	9 10am: Floor Hockey (FF) 2pm: Chocolate Fondue Party (GG) 4pm: Reading Cart (AA-II)	10 10am: Discussion Group w/ Dave (BB) 2pm: Watercolor Painting (II) (MC) 4pm: 1:1 Visits	11 10am: Movin' & Groovin' w/ Amanda (HH) 2pm: Bingo (DD) 4pm: 1:1 Visits (AA-II) <small>Tu B'Shevat Begins</small>	13 10am: Intergenerational Play Group (DD) 2pm: Valentine's Day Craft (EE) 4pm: 1:1 Visits (AA-II)	14 10am: Balloon Tennis (CC) 2pm: Valentine's Tea Party (AA) 4pm: 1:1 Visits (AA-II) <small>Valentine's Day</small>	15 10am: Matinee Movie Screening (AA-II) 2pm: Activity Bin (AA-II)
16 10am: Church/Mass CH #363-373 (AA-II) 2pm: Movie Screening (AA-II)	17 10am: General Trivia (BB) 2pm: Rodeo Week Kickoff Party (GG) 4pm: Reading Cart (AA-II) <small>Presidents' Day (U.S.)</small>	18 10am: Discussion Group w/ Dave (BB) 2pm: Old Western Film Screening (DD) 4pm: 1:1 Visits	19 10am: Movin' & Groovin' w/ Amanda (CC) 2pm: Bingo (DD) 4pm: 1:1 Visits (AA-II)	20 10am: Heart Craft (HH) (MC) 2pm: Mindfulness Meditation (EE) 4pm: 1:1 Visits (AA-II)	21 10am: Chair Yoga (BB) 2pm: Dancing Through the Ages Live (AA) 4pm: 1:1 Visits (AA-II)	22 10am: Music in the Living Room (AA-II) 2pm: Activity Bin (AA-II)
23 10am: Church/Mass CH #363-373 (AA-II) 2pm: Music in the Living Room (AA-II)	24 10am: Jewelry Making (HH) 2pm: Nerf Target Practice (GG) 4pm: Reading Cart (AA-II)	25 10am: Discussion Group w/ Dave (BB) 2pm: Coloring Relaxation (AA) (MC) 4pm: 1:1 Visits	26 10am: Movin' & Groovin' w/ Amanda (FF) 2pm: Monthly Birthday Celebration (DD) 4pm: 1:1 Visits (AA-II)	27 10am: Intergenerational Play Group (DD) 2pm: Mini Golf (II) 4pm: 1:1 Visits (AA-II)	28 10am: New Resident Welcome Social (EE) 2pm: Bingo (DD) 4pm: 1:1 Visits (AA-II) <small>Ramadan Begins</small>	KEY: (AA-II)= All Villas (MC)= Memory Care Specific Activity

All activities are subject to change. Please contact Samantha Wood with any questions or to RSVP samanthaw@parksv.com (520) 282-1488