

# Highlights

FROM LAST MONTH



# PARK Senior Villas

LA CAÑADA

DECEMBER 2024

ASSISTED LIVING & MEMORY CARE COMMUNITIES

## RESIDENT SPOTLIGHT

### Mary Gittens



Meet our new resident Mary Gittens. She was born in San Jose, California and was a devoted mother to her son. She had a special bond with her two pet bunnies and loved the simple pleasures in life, particularly enjoying steak as her favorite meal. Mary has a deep appreciation for classical music, often listening to it for relaxation and she loves to dance, finding joy in moving to the music. We are so excited to have you Mary!

## EMPLOYEE SPOTLIGHT

### Meredith Sornmuk



Meredith, our Administration Coordinator was born in Arizona and raised in North Carolina with her Mom, Dad and four siblings. Meredith has a passion for spending time with her beloved fur-baby Teddy and three Godchildren. She is a graduate of Fayetteville Community College in 2013. She loves Italian food, listening to Christian contemporary music and enjoying nature. Meredith is studying to become an End-of-Life Doula with Harmony Hospice, reflecting her compassionate nature and desire to help others. We appreciate you Meredith!

*It's the Season to Give Back*

DO YOU WANT TO SHOW APPRECIATION TO THE RESIDENTS OF PARK SENIOR VILLAS WE ARE HAVING A TOY DRIVE!!

SPREAD THIS HOLIDAY JOY BRING A TOY, BABY DOLL OR STUFFED ANIMAL!

ALL TOYS CAN BE DROPPED OFF IN THE FRONT OFFICE

WELCOME NEW RESIDENTS

Joseph "Josie"  
Rogelio "Roy"  
William "Bill"  
David B  
Dorothy "Dottie"

December Birthday Celebration

Join us as we celebrate the December birthdays! Enjoy food, listen to music, relax, meet new people, and participate in games. We can't wait to celebrate with you!

December 23rd at 2pm Villa J

YOU ARE INVITED TO THE HOLIDAY WHOBALATION

DECEMBER 20TH  
2PM - VILLA D

TREAT, DRINKS AND LIVE MUSIC

"HOLIDAY WHO-BE WHAT-EE?" THE BEST DRESSED WILL EARN THE TITLE OF 2024 HOLIDAY CHEERMIESTER! CHANNEL YOUR INNER WHO TO WIN!

WOULD YOU? COULD YOU?  
RSVP (520) 561-4390 DESTINY@PARKSV.COM

PLEASE JOIN US FOR A NEW YEAR'S EVE Celebration

DECEMBER 31ST 2-5PM  
VILLA F

FOOD, GAMES AND MORE  
BRING YOUR FAMILY & FRIENDS

RSVP (520) 561-4390  
DESTINY@PARKSV.COM

Our Park Senior Villas Team

Liesen Clemons - General Manager  
Jennifer Allen - Director of Health & Wellness  
Jennifer Kramer - Health Unit Coordinator  
Meredith Sornmuk - Admin Coordinator  
Trish Baron - Staff Coordinator  
Destiny Vasquez - Activities Coordinator  
Alejandro Villa - Maintenance Director  
Mabisaraid Rodriguez - RCC  
Juan Trujillo - RCC Siera Murphy - RCC

OFFICE HOURS

Monday - Friday.....8am-5pm  
Saturday.....By Appointment  
Sunday.....Closed  
Office.....520-531-0086  
Main Fax.....520-268-9796  
Admissions/Marketing Fax.....520-268-9795

# December

## ACTIVITY CALENDAR

### PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • DECEMBER 2024

Please Note - Calendar Events are subject to change. If you have any questions or suggestions, please contact Destiny.

### December Birthdays

- 12/4- Florence S. & Delores J.
- 12/5- Simone S. & Mary G.
- 12/8- Marilyn L.
- 12/10- Esthela A.
- 12/15- Phyllis K.
- 12/16- Annette F.
- 12/22- Carol T.
- 12/27- Celia T.
- 12/31- Dennis M.



### Holiday Word Search

S N G D O N N E R S N S T B S E N A C S  
 T E E G G N O G U C O T I U R T A F P V  
 O X I D F Q V A J O S O R B W G O I S E  
 C I N E F H L D O M A C E L E B R A T E  
 K V H W G C X W L E E K L T O I F X F P  
 I H E I A I E K L T S I E H T X W S D D  
 N M E T E M A I Y E X N O H O S N A Q S  
 G L N B L I T Z E N C G N R L L N K T E  
 S A Z E E R T S A M T S I R H C I N Z V  
 S Y S W E E T P O T A T O R E Q V D K L  
 X O S C R O O G E G B U J R U S C E A E  
 Y Y D R E E D N I E R F J S D G H O Z Y  
 F R U I T C A K E J D F V G S N I T C A  
 X D W J U B I L E E I E E N D I M E A O  
 J F R O S T Y N W D P R M I R D N L N H  
 L N O R T H P O L E U S E T A I E T D A  
 R R E C N A R P K V C R R E C T Y S Y T  
 H Z O L N I S Y R O F B R E N L D I W G  
 S A I T T E S N I O P R Y R S P W M A H  
 F A I R I E S H T A E R W G M D E L S X

- |           |                  |             |               |             |
|-----------|------------------|-------------|---------------|-------------|
| CARDS     | NOEL             | CANDY       | POINSETTIA    | NORTHPOLE   |
| CELEBRATE | SCROOGE          | CANES       | WREATH        | REINDEER    |
| FROSTY    | SEASON           | EGGNOG      | CHRISTMASTREE | SLED        |
| GREETINGS | SPIRIT           | FRUITCAKE   | CHIMNEY       | SLEIGH      |
| HOLIDAY   | STOCKINGSTUFFERS | HAM         | ELVES         | SANTACLASUS |
| JUBILEE   | STOCKINGS        | SWEETPOTATO | FAIRIES       | BLITZEN     |
| MERRY     | TIDINGS          | MISTLETOE   | JOLLY         | COMET       |
| CUPID     | DANCER           | DONNER      | PRANCER       | VIXEN       |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10am:</b> Church/Mass (All) <b>1:1-</b> With Assistant Caregiver (All) <b>2pm:</b> Nail Care (All)	<b>10:30am:</b> Chair Yoga (D) <b>2pm:</b> Pin the Nose on the Reindeer Game(K) <b>4-5pm:</b> 1:1- A, B, C	<b>10am:</b> Mocktail Tuesday(K) <b>2pm:</b> Snowflake Craft (F) <b>4-5pm:</b> 1:1- D, F, G	<b>10am:</b> Write Santa a list Craft (C) <b>2pm:</b> Bingo (J) <b>4-5pm:</b> 1:1- H, I, J	<b>10am:</b> Ornament Decorating Craft (J) <b>2pm:</b> Snowman Bowling(I) <b>4-5pm:</b> 1:1- K, L	<b>10am:</b> Café (B) <b>2pm:</b> Christmas Carol-oke! (H) <b>4-5pm:</b> 1:1- M, N	<b>10am:</b> Moring Music (All) <b>2pm:</b> Coloring and Puzzles (All) <b>1:1-</b> With Activities Assistant (All)
<b>10am:</b> Church/Mass (All) <b>1:1-</b> With Assistant Caregiver (All) <b>2pm:</b> Nail Care (All)	<b>10am:</b> Young At Heart Kids Play Group (J) <b>2pm:</b> Edible Christmas Tree Activity (I) <b>4-5pm:</b> 1:1- A, B, C	<b>10am:</b> Mocktail Tuesday(G) <b>2pm-</b> Cookie Decorating(B) <b>4-5pm:</b> 1:1- D, F, G	<b>10am:</b> Snowman Snowball Shooters Craft(L) <b>2pm:</b> Bingo (J) <b>4-5pm:</b> 1:1- H, I, J	<b>10am:</b> Gingerbread House Activity (C) <b>2pm:</b> Reindeer Toss Game(L) <b>4-5pm:</b> 1:1- K, L	<b>10am:</b> Café (H) <b>2pm:</b> Aegis Virtual Reality and Hot Coco Day! (J) <b>4-5pm:</b> 1:1- M, N	<b>10am:</b> Moring Music (All) <b>2pm:</b> Coloring and Puzzles (All) <b>1:1-</b> With Activities Assistant (All)
<b>10:30am:</b> Jessiah Piano Player (C) <b>1:1-</b> With Assistant Caregiver (All) <b>2pm:</b> Nail Care (All)	<b>10:30am:</b> Chair Yoga (F) <b>2pm:</b> Chocolate Fountain Dessert(D) <b>4-5pm:</b> 1:1- A, B, C	<b>10am:</b> Mocktail Tuesday (B) <b>2pm:</b> Melting Snowman Craft (I) <b>4-5pm:</b> 1:1- D, F, G	<b>10am:</b> Waffles and Music (F) <b>2pm:</b> Bingo (J) <b>4-5pm:</b> 1:1- H, I, J	<b>10am:</b> Thank You Card Craft (L) <b>2pm:</b> Christmas Movie Day (I) <b>4-5pm:</b> 1:1- K, L	<b>10am:</b> Café (I) <b>2pm:</b> Holiday Whobalation Party (Monsoon Wind Band) (D)	<b>10am:</b> Moring Music (All) <b>2pm:</b> Coloring and Puzzles (All) <b>1:1-</b> With Activities Assistant (All)
<b>10am:</b> Church/Mass (All) <b>1:1-</b> With Assistant Caregiver (All) <b>2pm:</b> Nail Care (All)	<b>10:30am:</b> Chair Yoga (D) <b>2pm:</b> Birthday Celebration/ Holiday Party(J) <b>4-5pm:</b> 1:1- A, B, C	<b>10am:</b> Christmas coloring (All villas) <b>2pm:</b> Sherie 1:1 visit <b>8-5pm-</b> 1:1 (All)	<b>10am:</b> Christmas word search(All Villas) <b>12pm:</b> Christmas Dinner All Villas <small>Christmas Hanukkah Begins</small>	<b>10am:</b> Smores and Uno(F) <b>2pm:</b> Candy Cane craft (G) <b>4-5pm:</b> 1:1- K, L <small>Boxing Day (Canada) Kwanzaa Begins</small>	<b>10am:</b> Café (L) <b>2pm:</b> Karaoke! (L) <b>4-5pm:</b> 1:1- M, N	<b>10am:</b> Moring Music (All) <b>2pm:</b> Coloring and Puzzles (All) <b>1:1-</b> With Activities Assistant (All)
<b>10am:</b> Church/Mass (All) <b>1:1-</b> With Assistant Caregiver (All) <b>2pm:</b> Nail Care (All)	<b>10am:</b> Young At Heart Kids Play Group (L) <b>2pm:</b> Snowball Fight (D) <b>4-5pm:</b> 1:1- A, B, C	<b>10am:</b> Mocktail Tuesday (L) <b>2-5pm:</b> New Years Party (F) <b>4-5pm:</b> 1:1- D, F, G <small>New Year's Eve</small>				

# DECEMBER 2024

"Wishing you all the joy, peace, and love this time of Year!"- Park Senior Villa Team.

All activities are subject to change. Please Contact Destiny with any questions or to RSVP (520)561-4390 or email destiny@parksv.com

# Highlights

FROM LAST MONTH





# PARK

*Senior Villas*

## 12 DAYS OF CHRISTMAS

**Pin the  
Nose on  
the  
Reindeer  
game**

**Day 1**

**Snowflake  
Craft**

**Day 2**

**Write a  
Santa List  
Craft**

**Day 3**

**Ornament  
Decorating  
Craft**

**Day 4**

**Edible  
Christmas  
Tree  
Activity**

**Day 5**

**Cookie  
Decorating**

**Day 6**

**Snowman  
Snowball  
Shooters**

**Day 7**

**Gingerbread  
House  
Activity**

**Day 8**

**Chocolate  
Fountain  
Dessert**

**Day 9**

**Melting  
Snowman  
Craft**

**Day 10**

**Waffles and  
Music**

**Day 11**

**Holiday  
Thank You  
Card Craft**

**Day 12**