Highlights

FROM LAST MONTH







DRUM

Come and discover how to play the drums and create music alongside a certified music instructor.



10:00er mm



(Activities Director will contact each villa individually with the location)



VILLA HH...2PM

OCT 25TH

Come and discover how small habits can enhance your overall health!

the Community Food Bank of Southern AZ.
This food drive serves many families in need
within our community.

DROP-OFF LOCATION:

Every villa features a donation box, and there is also one available in the front office!





Our Park Senior Villas Team

Janice Creasy - General Manager
Christine Zuniga - Director of Health & Wellness
Samantha Wood - Activities Coordinator
Nicole Giles - Admin Coordinator
Kenny Davis - Dietary Coordinator

Kenny Davis - Dietary Coordinator Steve Herbster - Maintenance Director Kaila Miller - Resident Care Coordinator Amber Kunz - Resident Care Coordinator

OFFICE HOURS

Monday - Friday	9am-5pm
Saturday	By Appointment
Sunday	Closed
Office	520-219-0160
Fax	520-546-2124

PARK Senior Villas

OCTOBER 2024

ASSISTED LIVING & MEMORY CARE COMMUNITIES

RESIDENT SPOTLIGHT

• HOUGHTON •

Morma

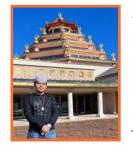


Norma was born in Huntsville, Alabama and grew up in a rural area near a cotton mill. She moved to Tucson during her Sophomore year of high school and has lived there ever since, graduating

from Amphi High School. Norma worked as a Registered Nurse at St Mary's Hospital. She was married to her husband for 60 years. Together they raised three children and have eight grandchildren. Norma enjoys exercising, walking, crocheting, playing games and spending time outdoors. She even used to make her own clothes! Norma treasures moments with her family, is easy going, embraces life and cherishes the memories of traveling with her husband.

EMPLOYEE SPOTLIGHT

Jose



Jose, one of our committed Certified Caregivers, was born in San Diego, California and has spent the majority of his life in Santa Ana, Sonora and Tucson. His journey into caregiving began when his mother

introduced him to the field. He takes great joy in connecting with residents and discovering their life stories. A graduate of Flowing Wells High School, Jose has two brothers and one sister. In his free time, he enjoys traveling, spending time with friends, watching movies, listening to music and going to concerts. Some of his favorite pastimes include rainy days and off-roading in the mud.





844 N. Houghton Road | Tucson, Arizona 85748 | 520.219.0160 | www.parkseniorvillas.com

October





PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • OCTOBER 2024

Please Note - Calendar Events are subject to change. If you have any questions or suggestions, please contact Samantha Wood.

ACTIVITY CALENDAR Happy Birthday!

10/2 - Maria R. 10/3 - PJ M. 10/8 - Gladys H. 10/16 - Linda M. 10/21 - Sarah C. 10/25 - Brigitte H. 10/26 - Genelle B. 10/27 - Emma L. 10/29 - Mary P.

Welcome New Residents!

Genelle B. Dennis B. Katherine F. Robert F. Richard M. Jack P.

Halloween Word Search Puzzle

raptwancatcowe nafangsmrrqwyn candy eerie goblin fangs skeleton scary moon costume ahosts decorations cats coffin treat spooky spiders Halloween pumpkin jack-o'-lantern apple ghouls chocolate rat

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCT	COBER 2024	10am: Discussion 1 Group w/ Dave (BB) 2pm: Decorate for Fall/Halloween (AA-II) 4pm: 1:1 Visits (AA-II)	Groovin w/ Amanda (AA) 2pm: Bingo (DD) 4pm: 1:1 Visits	Intergenerational Play Group (DD) 2pm: Live Musical Performance w/ Frank Ross (HH) 4pm: 1:1 Visits (AA-II)	"Think Fast" Game (FF) 2pm: Witches Hat Ring Toss (CC) 4pm: Drum Circle Sign Up (AA-II)	(AA-II)
10am: 6 Church/Mass CH #363-373 (AA-II) 2pm: Movie Screening (AA-II)	10am:Trivia (EE)7 2pm: Bean Mosaics (CC) 4pm: Reading Cart (AA-II)	10am:Discussion8 Group w/ Dave (BB) 2pm: Candy Corn Hole (AA) 4pm: 1:1 Visits (AA-II)	10am: Movin & 9 Groovin w/ Amanda (II) 2pm: Bingo (DD) 4pm: 1:1 Visits (AA-II)	10am: Autumn 10 Art Project (HH) 2pm: Uno (CC) 4pm: 1:1 Visits (AA-II)	Circle Group 1 10:30am: Drum Circle Group 2 (Villa	10am: Music in 12 the Living Room (AA-II) 2pm: Activity Bin (AA-II)
10am: 13 Church/Mass CH #363-373 (AA-II) 2pm: Movie Screening (AA-II)	10am: Outdoor 14 Walking Group (AA) 2pm: Pumpkin Putt- Putt (II) 4pm: Reading Cart (AA-II) Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)	Discussion Group w/ Dave (BB) 2pm: Homemade	10am: Movin & 16 Groovin w/ Amanda (CC) 2pm: Bingo (DD) 4pm: 1:1 Visits (AA-II)	10am: 17 Intergenerational Play Group (DD) 2pm: Fall Fest (BB Courtyard) 4pm: 1:1 Visits (AA-II)	Meditative Coloring (AA)	10am: Matinee 19 Movie Screening (AA-II) 2pm: Activity Bin (AA-II)
Church/Mass CH #363-373 (AA-II) 2pm: Movie Screening (AA-II)	10am: Origami 21 Making (EE) 2pm: Amanda's Nail Salon (AA-II) 4pm: Reading Cart (AA-II)	Discussion Group w/ Dave (BB) 2pm: Pumpkin Painting (FF) 4pm: 1:1 Visits (AA-II)	10am: Movin & 23 Groovin w/ Amanda (GG) 2pm: Bingo (DD) 4pm: 1:1 Visits (AA-II)	Pumpkin Patch Making (AA) 2pm: Pie Face Game (CC) 4pm: 1:1 Visits (AA-II) Simchat Torah Begins	Healthy Habits Discussion (HH) 2pm: Zentangle Workshop (EE) 4pm: 1:1 Visits (AA-II)	10am: Music in 26 the Living Room (AA-II) 2pm: Activity Bin (AA-II)
10am: 27 Church/Mass CH #363-373 (AA-II) 2pm: Movie Screening (AA-II)	Resident Welcome Social (CC) 2pm: Karaoke Dance Party (GG) 4pm: Reading Cart (AA-II)	Discussion Group w/ Dave (BB) 2pm: Design a Haunted House (AA) 4pm: 1:1 Visits (AA- II)	Groovin w/ Amanda (EE) 2pm: Monster Mash Birthday Celebration (DD) 6-8pm: Trunk or Treat! (Cul-de-sac)	Intergenerational Play Group (DD) 2pm: Halloween Party (GG) 4pm: 1:1 Visits (AA-II)	We are hosting a For All Month Long! Do can be dropped off Main Office. Thank (AA-II = all villas)	nations in the

Please contact Samantha with any questions or to RSVP (520) 282-1488 or email samanthaw@parksv.com



Highlights

FROM LAST MONTH

National Assisted Living Week



