











LEARN ABOUT:

- American Heart Month
- Heart Disease Prevention
- Walk for Your Heart
- How InMotion He

Contact Us: 480-868-9650 AtlasMedicalCare.come

JOIN US

esday, February 6th

Villa 1



Our Park Senior Villas Team Richard Young - Executive Director Saul Mota - Business Office Manager Jaime Chen - Activities Coordinator Jesse Flores - Dietary Coordinator Mike Brown - Maintenance Director

Melissa Brunson - RCC Frances Bravo - RCC

Alex Mota - Health Unit Coordinator





OFFICE HOURS

55 <u>2</u> 5	
Monday - Friday	9am-5pm
Saturday	By Appointment
Sunday	Closed
Office	602-633-2300
Care Line	602-619-4596
Fax	623-594-9164

PARK Senior Villas



FEBRUARY 2024

ASSISTED LIVING & MEMORY CARE COMMUNITIES

RESIDENT SPOTLIGHT

Tessie



Jessie was born in Reno, Nevada. Her favorite childhood memory was cooking with her mother. Her parents were from Tennessee. Her favorite vacation was

going to Disneyland. She met the love of her life at a dance. Soon after they married and had 2 daughters and 2 grandkids. Jessie became a stay at home mom and volunteer at the VA Hospital. She is so proud of her daughters how they joined the Army. She likes living here because of the activities and friends. Her favorite activities are card games and shake, rattle & roll because she likes music and admires Willie Nelson and Johnny Cash. We are so happy to have you here.

EMPLOYEE SPOTLIGHT

Thomas





Thomas has been a Med
Tech for 8 months. He grew
up in Monrovia, Liberia West
Africa. His goal is to be a
Nurse or Pharmacist. He is
married with 2 daughters.
His hobbies are reading
Devotional and Non-fiction

books, writing and cooking. He enjoys spending time with his family on the phone, cooking and volunteering at church. His favorite food is rice. He has written and directed plays in Liberia. His favorite thing is caring for our residents. It is a joy having his positive personality and smiley face here at PSV.





4211 N. Pebble Creek Parkway | Goodyear, AZ 85395 | 602.633.2300 | www.parkseniorvillas.com

-entuly activity calendar

PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • FEBRUARY 2024



Please Note - Calendar Events are subject to change. If you have any questions or suggestions, please contact Jaime Chen.

Let's Celebrate!

Dorothy B. 2/4

Emily F. 2/6

Nancy B. 2/8

Jessie B. 2/12 Joseph T. 2/13

Carlene K. 2/14

Gerald G. 2/28

David M.



Valentine's Bay Word Search

february

Sunday Monday February 2024

(CY)

18

25

3:00pm Bingo

Tuesday

9:30am PARK Fitness

10:30am American

Heart Wellness Talk

10:30am Pet Therapy

w/United Hospice

1:30pm Cupid Crew

w/Aegis-V9

W/Atlas-V1

I hope your day is full of Love.

19

26

Wednesday

Thursday

9:30am PARK Fitness

10:30am Shake, rattle,

roll w/Lorenzo-V7

Candy Social-V7

(ALL VILLAS)

w/Aegis-V9

V1/V2

2:00pm Name That

3:00pm Porch Time

9:30am PARK Fitness

10:30am Shake, rattle,

1:30pm Room Visits-

3:00pm Masquerade,

Musk Decorating-V2

Roll w/Lorenzo-V7

w/Aegis-V9

Friday 10:00am Matinee

Movie/popcorn-V8

3:00pm Bingo

1:30pm Karaoke-V7

6:00pm Movie/Treats

10:00am Uno-V2 11:00am Color/Music-

Saturday

1:30pm Movie/popcorn-3:00pm Bingo

7:00pm Movie Night

Groundhog Day

10:00am Matinee 10:00am Uno-V2 Movie/popcorn-V8 1:30pm Movie/popcorn-1:30pm Left-Center-

1:30pm Color/Music-V8 3:00pm Bingo 3:00pm Boogie Fever 7:00pm Movie Night w/Steve Summers-V7

> Chinese New Year (Year of the Dragon)

10

17

24

10:00am Sunday Service-V2 1:00pm Color/Music 3:00pm Bingo 6:00pm Movie/Treats

10:00am Sunday

1:00pm Color/Music

6:00pm Movie/Treats

10:00am Sunday

1:00pm Color/Music

6:00pm Movie/Treats

Service-V2

3:00pm Bingo

Service-V2

3:00pm Bingo

10:00am Sunday

1:00pm Color/Music

6:00pm Movie/Treats

Service-V2

3:00pm Bingo

11 10:30am Wii Bowling-1:30pm Valentine's Bingo-V2 3:00pm Bingo

10:30am Wii Bowling-

1:30pm Presidents Day

10:30am Wii Bowling-

1:30pm Walks & Strolls-

Bingo-V2

(CY)

3:00pm Bingo

3:00pm Bingo

10:30am Wii Bowling-

1:30pm Walks & Strolls-

Valentine's Cards-V7 12 13 9:30am PARK Fitness w/Aegis-V9 10:15am Uno-V2 1:30pm Masquerade

Carnival-V7 3:00pm Walks & Strolls (CY)

Mardi Gras

9:30am PARK Fitness

10:30am Pet Therapy

1:30pm Bake Club-V3

3:00pm Walks & Strolls

9:30am PARK Fitness

1:30pm Memory Game-

3:00pm Walks & Strolls

w/United Hospice

(ALL VILLAS)

w/Aegis-V9

10:15am Uno-V7

(CY)

w/Aegis-V9

20

27

14 9:30am HOLY COMMUNION 10:30am Word Search Wednesday-V1 1:30pm Love Bugs Tea Party-V7 3:00pm Bingo

Valentine's Day

10:30am Word Search

2:30pm Movie/popcorn-

10:30am Word Search

2:30pm Movie/popcorn-

9:30am HOLY

COMMUNION

Wednesday-V1

3:00pm Bingo

9:30am HOLY COMMUNION

Wednesday-V1

3:00pm Bingo

1:30pm Loteria-V2

V8

1:30pm Loteria-V7

21

28

9:30am HOLY

COMMUNION

Wednesday-V1

3:00pm Bingo

V8

1:30pm Loteria-V2

10:30am Word Search

2:30pm Movie/popcorn-

9:30am PARK Fitness w/Aegis-V9 10:15am Take-All-Dice Game-V7 1:30pm Room Visits-V3/V4

3:00pm Board Game

10:15am Take-All-Dice

1:30pm Room Visits-

3:00pm Board Game

w/Aegis-V9

Game-V2

V5/V6

15 16 10:00am Matinee Movie/popcorn-V8 1:30pm Karaoke-V7 3:00pm Bingo 6:00pm Movie/Treats

Right Game-V2

6:00pm Movie/Treats

10:00am Uno-V2 11:00am Color/Music-V8 1:30pm Movie/popcorn-3:00pm Bingo

7:00pm Movie Night

22 23 9:30am PARK Fitness 10:00am Matinee

Movie/popcorn-V8 1:30pm Left-Center-Right Game-V2

3:00pm Monthly B-day Karaoke Celebration w/Jamee Soulz-V7

11:00am Color/Music-V8 1:30pm Movie/popcorn-

3:00pm Bingo 7:00pm Movie Night

10:00am Uno-V2

6:00pm Movie/Treats 29 9:30am PARK Fitness

w/Aegis-V9 10:15am Take-All-Dice Game-V2 1:30pm Room Visits-V7/V8

3:00pm Board Game

Roses are Red Violets are Blue I smile all day because of YOU! Happy Valentine's Day