

# Highlights

FROM LAST MONTH

**Chair Yoga**  
11/1  
Villa BB  
10am  
Welcome  
FITNESS COACH MYRLENE




**Spread Some Joy: Donate Toys!**  
**Making Childhood Dreams Come True!**  
'Tis the season of giving! Throughout November, we're gathering up toys for children who could use an extra dose of cheer. This is a wonderful opportunity to make a difference in the lives of children in need.  
Donations can be dropped off in the Front Office all month long




**DISPELLING THE MYTHS OF HOSPICE**  
NOVEMBER 9TH  
VILLA BB  
4PM  
WE INVITE FAMILIES AND STAFF TO JOIN US AND EXPLORE THE SERVICES OFFERED BY SOULISTIC HOSPICE.  
PRESENTED BY:  
**SOULISTIC HOSPICE**  
A NONPROFIT SERVICE



*Musical Performance by:*  
**ALBERT**  
ON THE SAXAPHONE & CLARINET  
NOVEMBER 6TH  
10AM VILLA GG



**Fostering Connections Across Generations**  
Every Thursday 10-11am  
**PSV's Intergenerational Program**  
We're excited to invite children from Young at HeART Together to join our residents for fun-filled activities such as exercise groups, crafts, story times, and more. Our goal is to use the power of art and play to bring generations together.

11/9/23  
11/16/23  
11/30/23



**Our Park Senior Villas Team**  
Jennifer Creviston - ALM  
Janice Creasy - Interim General Manager  
Samantha Wood - Activities Coordinator  
Jennifer Williams-Allen - Intm Clinical Coordinator  
Kevin Sanders - Maintenance Coordinator  
Robert Boger - Dietary Coordinator  
Taneisha Burton - Resident Care Coordinator  
O'Ryan Smolinski - Resident Care Coordinator

**OFFICE HOURS**  
Monday - Friday ..... 9am-5pm  
Saturday ..... By Appointment  
Sunday ..... Closed  
Office ..... 520-219-0160  
Fax ..... 520-546-2124

# PARK Senior Villas

• HOUGHTON •

NOVEMBER 2023

ASSISTED LIVING & MEMORY CARE COMMUNITIES

## RESIDENT SPOTLIGHT

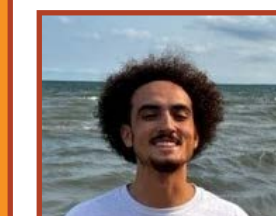
### Ralph Campbell



Ralph is an Akron, Ohio native who grew up in Tucson. He hails from a quintessential Midwestern family of five boys and a girl. He is a graduate of Rincon High School. Ralph tied the knot with Jaclyn Campbell and spent 20 years of marriage. They have a son, daughter and several grandchildren. Ralph's illustrious career spans 18 years as the Executive Vice President of Chase Bank. He is also a philanthropist, having founded the "Food on Foot" foundation that fed 450 people. Ralph holds a Juris Doctor Degree, which he utilized in conjunction with his real estate license. He enjoys playing and watching sports, with basketball, beach volleyball and baseball being his favorites.

## EMPLOYEE SPOTLIGHT

### O'Ryan Smolinski



O'Ryan our Resident Care Coordinator is a native Arizonan who's got a heart of gold. He graduated from Benson High School and Cochise College for CNA Caregiving Excellence. O'Ryan loves finding ways to improve the quality of life for people. It's a real blessing to witness the thankfulness of residents and make a difference in their lives. When he's not busy being a superhero, O'Ryan shares a home with his wonderful girlfriend Danika, their two dogs Ziggy and Phoebe and cat Salem. He loves MMA, wrestling, jujitsu and boxing. O'Ryan paints, draws with charcoal and creates graffiti art. He is an adventurous traveler who loves to explore. Cedar Point is one of his favorites thanks to the roller coaster! We're grateful for O'Ryan's dedication and the amazing care!

NOV 17TH  
*Open to the Public*  
**FALL fest**  
OPEN DOORS FROM 2 PM  
BEHIND VILLA AA  
MUSIC | SNACKS | DRINKS | GAMES



**Thanksgiving DINNER**  
November 23rd  
ALL VILLAS



# November

## ACTIVITY CALENDAR

### PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • NOVEMBER 2023

Please Note - Calendar Events are subject to change.

If you have any questions or suggestions, please contact Samantha Wood.

Happy Birthday!

Let's Celebrate!

11/12 - Susan W.

11/21 - Barbara W.

11/27 - Nancy B.



Welcome New Residents!

Rebecca B.

Mary Lee H.



Y	J	L	E	F	T	O	V	E	R	S	L	J	D	I	P	X	X
F	A	T	H	E	R	G	O	B	B	L	E	A	Y	G	I	D	G
C	O	R	N	U	C	O	P	I	A	Q	E	E	T	R	L	M	R
P	D	R	U	M	S	T	I	C	K	R	K	S	T	A	G	A	A
I	C	G	R	A	N	D	M	A	B	R	A	B	R	T	R	S	N
L	A	U	N	T	Y	N	G	N	U	E	S	G	A	I	S	D	
G	R	N	V	L	I	N	R	T	F	E	N	R	D	T	M	A	P
R	V	E	I	K	I	O	N	R	I	I	M	N	I	U	A	C	A
I	E	M	P	S	C	M	E	R	V	N	I	B	T	D	C	H	B
M	A	M	S	S	U	W	R	I	A	S	W	P	I	E	O	U	R
F	U	E	L	T	O	E	G	I	U	E	P	I	O	B	R	S	O
P	R	L	U	L	B	S	D	O	H	A	L	E	N	R	N	E	T
D	O	A	F	N	K	N	C	T	S	Q	U	A	S	H	S	T	H
R	S	Y	A	N	I	N	O	V	E	M	B	E	R	I	X	T	E
R	A	R	A	L	Z	M	S	W	I	S	H	B	O	N	E	S	R
M	C	H	L	W	Y	M	T	L	T	H	A	N	K	F	U	L	I
E	T	A	S	L	A	M	O	T	H	E	R	S	I	S	T	E	R
G	F	F	P	Y	S	T	U	F	F	I	N	G	U	N	C	L	E

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2023</h1> <p>Celebrating Kindness Month</p>						
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Music in the Villas (AA-II)	<b>10am:</b> Getting to Know You Game (CC) <b>2pm:</b> Instrumental Performance by Albert (GG) <b>4pm:</b> Amanda's Nail Salon (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> The Art of Journaling (EE) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Chair Yoga 1 w/ Certified Fitness Coach (BB) <b>2pm:</b> Bingo (DD) <b>4pm:</b> Magazine Cart (AA-II)	<b>10am:</b> Walking Group (Behind AA) <b>2pm:</b> Booze & Tattoos (AA) <b>6-8pm:</b> Alzheimer's Post-Walk Celebration (Behind BB) Open to public	<b>10am:</b> Hootanannie Performance (GG) <b>2pm:</b> Pen Pal Letters (EE)	<b>10am:</b> Puzzle Building (AA-II) <b>2pm:</b> Word Searches & Tunes (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Music in the Villas (AA-II)	<b>10am:</b> Whiteboard Game (DD) <b>2pm:</b> Singing Performance by "The Voice" Competitor, Lennon (GG)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Sing Along with Boyd St. Classics (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Movin & Groovin w/ Amanda (CC) <b>2pm:</b> Bingo (DD) <b>4pm:</b> Magazine Cart (AA-II)	<b>10am:</b> Fostering Connections Across Generations (BB) <b>2pm:</b> Food Service Committee (CC) <b>4pm:</b> Dispelling the Myths of Hospice-staff & family event (see flyer) (GG)	<b>10am:</b> Walking Group (Behind AA) <b>2pm:</b> Uno in the Courtyard (Behind GG)	<b>10am:</b> Movie Screening (AA-II) <b>1pm:</b> Veterans Luncheon (BB) Family & Friends welcome! <small>Veterans Day Remembrance Day (Canada)</small>
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Activity Bins (AA-II)	<b>10am:</b> Whiteboard Game (DD) <b>2pm:</b> Singing Performance by "The Voice" Competitor, Lennon (GG)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Sing Along with Boyd St. Classics (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Movin & Groovin w/ Amanda (DD) <b>2pm:</b> Bingo (DD) <b>4pm:</b> Magazine Cart (AA-II)	<b>10am:</b> Fostering Connections Across Generations (CC) <b>2pm:</b> Pool Noodle Fishing (EE)	<b>10am:</b> Autumn Tree Q-Tip Painting (FF) <b>2pm:</b> Fall Fest (Behind AA)	<b>10am:</b> Coloring Relaxation (AA-II) <b>2pm:</b> Movie Screening (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Music in the Villas (AA-II)	<b>10am:</b> Walking Group (Behind AA) <b>2pm:</b> Cornhole (FF) <b>4pm:</b> Amanda's Nail Salon (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Nerf Gun Turkey Hunt (CC) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Movin & Groovin w/ Amanda (EE) <b>2pm:</b> Bingo (DD) <b>4pm:</b> Magazine Cart (AA-II)	<b>10am:</b> Table Placeholder DIY (BB) <b>2pm:</b> Coloring (AA-II) <b>5pm:</b> Thanksgiving Dinner in Each Villa <small>Thanksgiving Day (US)</small>	<b>10am:</b> Hootanannie Performance (FF) <b>2pm:</b> Coloring Contest (BB) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Music in the Morning (AA-II) <b>2pm:</b> Activity Bin-Play Dough (AA-II)
<b>10am:</b> Church/Mass CH #363-373 (AA-II) <b>2pm:</b> Movie Screening (AA-II)	<b>10am:</b> Walking Group (Behind AA) <b>2pm:</b> Social Hour (Back of EE) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Discussion Group w/ Dave (BB) <b>2pm:</b> Oldies Tunes Dance Party (GG) <b>4pm:</b> 1:1 Visits (AA-II)	<b>10am:</b> Movin & Groovin w/ Amanda (FF) <b>2pm:</b> Birthday Celebration w/ Monsoonwind (DD) <b>4pm:</b> Reading Cart (AA-II)	<b>10am:</b> Fostering Connections Across Generations (EE) <b>2pm:</b> Bowling (CC) <b>4pm:</b> 1:1 Visits (AA-II)	Join Our Toy Drive All Month Long! Donate a toy and make a child's holiday season magical. Simply drop off your donation at the front office.  Please direct all questions & RSVP's to Samantha (520) 282-1488 or samanthaw@parksv.com	

All activities are subject to change\*

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|--------------|------------|---------------|-----------|------------|-------------|
| Thanksgiving | pilgrim    | pumpkin       | turkey    | dressng    | cranberries |
| pilgrim      | Indian     | autumn        | ple       | cornucopia | feast       |
| mayflower    | november   | stuffng       | rolls     | cornbread  | drumstick   |
| gratitude    | thankful   | Massachusetts | Plymouth  | squash     | wishbone    |
| yams         | grandma    | grandpa       | uncle     | aunt       | cousin      |
| family       | mother     | father        | brother   | sister     | carve       |
| gobble       | traditions | fall          | leftovers |            |             |