

# Highlights

FROM LAST MONTH



Harmony Hospice

## Pet Therapy

Come visit with Nellie the miniature pony!  
September 22nd  
2pm in front of FF

Football Season is back

## IT'S GAME TIME!

SEASON START UP  
APPETIZER PARTY  
SEPTEMBER 7TH, 2023  
2:00PM VILLA BB

PARK SENIOR VILLAS

## OKTOBERFEST

CELEBRATION  
BEER-LIVE MUSIC-FOOD  
THURSDAY, SEPTEMBER 28TH  
VILLA GG  
2PM-3PM



# PARK Senior Villas

HOUGHTON

SEPTEMBER 2023

ASSISTED LIVING & MEMORY CARE COMMUNITIES

## RESIDENT SPOTLIGHT

### Marilyn Stoeckig

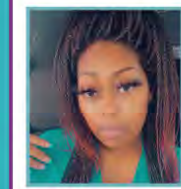


Marilyn was born in central Wisconsin and grew up in a western suburb of Chicago. Her first twelve years were spent living on her grandparent's farm. Marilyn is a graduate of Morton High School. She was a legal secretary for five years and volunteered in a bone estrogen strength test study for five years. Marilyn and her husband, John spent 58 years together and have 3 daughters. Together they share 6 grandkids and 6 great-grandkids. She loves to play Scrabble and is very good at it! She also enjoys crossword puzzles, good food, the movie ET, Sci-fi movies, and documentaries.

## EMPLOYEE SPOTLIGHT

### Ashley Hayes

Health Unit Coordinator



Ashley was born and raised in Indianapolis, IN. She is a graduate of North Central High School and Pima County Community College. Ashley first began caregiving 14 years ago. She wanted to make a difference. Her favorite thing is seeing residents smile and hearing that they are happy to see her. Ashley has 3 children, Laniyah 11, Jeremiah 14, Kaidyn 8 and a fur baby named Kane 5 months. Ashley enjoys writing, decorating, cuddling with her kids, and recreating TikTok foods with them.

## DANCING THROUGH THE DECADES

FRIDAY 9/15  
VILLA GG

FT. A LIVE PERFORMANCE BY BOYD ST. CLASSICS

RESIDENTS, FAMILIES, & STAFF ENCOURAGED TO ATTEND! SEE YOU THERE!

## PARK Senior Villas THROUGH THE DECADES

NATIONAL ASSISTED LIVING WEEK

|        |    |  |
|--------|----|--|
| Mon    | 11 | 50's Drive-In Movie<br>Soda Shoppe Social<br>Decades Slideshow               |
| Tues   | 12 | 60's Peace Sign<br>Door Hangar Art   |
| Wed    | 13 | 70's Tye Dye<br>Bandanas<br>Flower Power<br>Bingo                            |
| Thurs  | 14 | 80's Totally Tubular<br>Tea & Coffee Social<br>Glow in the dark<br>Bracelets |
| Friday | 15 | All Decades Party<br>(open to public)  |

Create a Get Well Soon Card

9/26 2023 2pm Villa CC

for patients at THE Medical Center

### Our Park Senior Villas Team

Jennifer Creviston - ALM  
Janice Creasy - Interim General Manager  
Bridget Delaney - Business Office Manager  
Samantha Wood - Activities Coordinator  
Jennifer Williams-Allen - Intm Clinical Coordinator  
Andres Montano - Dietary Coordinator  
Mike Brown - Reg Maintenance Director

### OFFICE HOURS

Monday - Friday ..... 9am-5pm  
Saturday ..... By Appointment  
Sunday ..... Closed  
Office ..... 520-219-0160  
Fax ..... 520-546-2124



# September

## ACTIVITY CALENDAR

Happy Birthday!

Let's Celebrate!

- 9/2 - Deane J. 9/4 - Nancy B. 9/5 - Kenneth M. 9/6 - Yvonne J. 9/10 - Julie W. 9/11 - Debra B. 9/11 - Walter D. 9/13 - Leonard A. 9/19 - William F. 9/20 - Deanna B. 9/22 - Patty M.

Welcome! to our new residents!

- Kenneth M. Carmen M. Shirley D.

## Through the Decades

F L V D U E D S U L N Z I I Z V T B E N S S D N  
 X N R S Q A Q S E I T N E V E S M L Y S D L Y S  
 K G L Z Q K Z O U U N P T X G L N T B B F G K S  
 Z T X R J Y H W I L S P A E N R Q Y J M P T C P  
 X L S E I T H G I E N H N V A F E P T B I Z A W  
 C T X U C A S F I T T N O E I F P A L O E E H F  
 Q M P E I A J T K X J U I V B Q V Y S A R A I Q  
 W M W D G K I N S F I Q H M B J D K U E D P P K  
 G D P S S X T S M T I N S F E R F W J G H C P Q  
 V C H S I G I Q V Q G E A V P J U V F O R P I F  
 E L X S X E I P L I K D F B Q S S M H N V A E A  
 Y V S G N U B K G M I T T F K I H O D X Q F S Q  
 F G B Y M S I B P W L G Q X P Q T R E N D S Z  
 N R R H E U M S S V G X R H F M S F T B M A I H  
 O J E U N N S O Q Q M D V U I R P J S N G I M D  
 I X B Y N M C I T Z F D D J G T X Y F C Y X Z B  
 S K P E J G E S L C T X S M E N B P B P Z G T S I  
 I P M Y O E E N O U A B S C I O C S S E Y E L  
 V S W A I L H G J Y A B S M F A N Y U T T L I W  
 E J Q D Z Y D J I P F Y L N O D D E M K C R T D  
 L W L N G R Q I D Y R X R L Z Z R E T B R F U  
 E O H W C V C F S U F D I H E S D Q P I N Z I K  
 T S O U E P U E C U Y N A D F B Q Y H C E P F R  
 W V C F R B O U N X J E R I M Y D S V C M S A Y

- Oldies Music Television Grease
- Bell Bottoms Grunge Hippies Trends
- Nineties Eighties Sixties Seventies
- Fifties Fashion Decade

## PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE - SEPTEMBER 2023

Please Note - Calendar Events are subject to change. If you have any questions or suggestions, please contact Samantha Wood.

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|---|--|--|--|---|--|---|
| <h1>September 2023</h1> <h3>Summer Send Off</h3>  |  |  |  |   |  |   |
| <b>10am:</b> Church/Mass CH #363-373 (AA-II)<br><b>2pm:</b> Music in the Villas (AA-II)   | <b>10am:</b> Exercise (FF)<br><b>2pm:</b> Wheel of Fortune (DD)<br><b>4pm:</b> Amanda's Nail Salon (AA-II)<br><small>Labor Day</small> | <b>10am:</b> Discussion Group w/ Dave (BB)<br><b>2pm:</b> Ladder Ball (FF)<br><b>4pm:</b> Hydration Cart (AA-II)                                     | <b>10am:</b> Exercise (CC)<br><b>2pm:</b> Bingo (DD)<br><b>4pm:</b> 1:1 Visits (AA, BB)  | <b>10am:</b> Music & Dancing w/ Friends (GG)<br><b>2pm:</b> Football Season Start-up Appetizer Party (BB)<br><b>4pm:</b> 1:1 Visits (CC, DD)        | <b>10am:</b> Owl Craft (EE)<br><b>2pm:</b> Apple Festival (GG)<br><b>4pm:</b> Reading Cart (AA-II)   | <b>10am:</b> Exercise Group (BB)<br><b>2pm:</b> Crafters Circle (GG)                                      |
| <b>10am:</b> Church/Mass CH #363-373 (AA-II)<br><b>2pm:</b> Movie Screening (AA-II)<br><small>This week is National Assisted Living Week! Theme: Blast from the Past Grandparents Day</small> | <b>10am:</b> Drive-in Movie (DD)<br><b>2pm:</b> Soda Shoppe Social (AA)<br><b>4pm:</b> Decades Slideshow (GG)                          | <b>10am:</b> Discussion Group w/ Dave (BB)<br><b>2pm:</b> Peace Sign Door Hanger Craft (EE)<br><b>4pm:</b> Decades Slideshow (GG)                    | <b>10am:</b> Tye Dye Bandanas (CC)<br><b>2pm:</b> Flower Power Bingo (DD)<br><b>4pm:</b> Decades Slideshow (GG)  | <b>10am:</b> Totally Tubular Tea & Coffee Social (FF)<br><b>2pm:</b> Glow in the Dark DIY Snap Bracelets (EE)<br><b>4pm:</b> Decades Slideshow (GG) | <b>10am:</b> Aegis Health Talk<br><small>Fall Prevention FOLLOWED BY: 50's, 60's, 70's, 80's Trivia (GG)</small><br><b>2pm:</b> Dancing through the Decades Party ft. Boyd St. Classics - residents, families, & staff encouraged to join! (GG)<br><small>Rosh Hashanah Begins</small> | <b>10am:</b> Exercise Group (BB)<br><b>2pm:</b> Movie Screening (DD)<br><small>Oktoberfest Begins</small> |
| <b>10am:</b> Church/Mass CH #363-373 (AA-II)<br><b>2pm:</b> Music in the Villas (AA-II)   | <b>10am:</b> Yoga & Meditation (GG)<br><b>2pm:</b> Board Games (BB)<br><b>4pm:</b> 1:1 Visits (EE, FF)                                 | <b>10am:</b> Discussion Group w/ Dave (BB)<br><b>2pm:</b> Music & Coloring (EE)<br><b>4pm:</b> Hydration Cart (AA-II)                                | <b>10am:</b> Exercise (AA)<br><b>2pm:</b> Bingo (DD)<br><b>4pm:</b> 1:1 Visits (GG, HH)  | <b>10am:</b> New England Fall Foliage Tour (GG)<br><b>2pm:</b> Thankful Tree Craft (CC)<br><b>4pm:</b> 1:1 Visits (II)                              | <b>10am:</b> Sit & Be Fit (CC)<br><b>2pm:</b> Animal Therapy w/ Nellie the Horse (Cul-de-sac out front of FF)<br><b>4pm:</b> Reading Cart (AA-II)<br><small>Sukkot Begins</small>  | <b>10am:</b> Exercise Group (BB)<br><b>2pm:</b> Scratch Art Activity (EE)<br><small>Autumn Begins</small> |
| <b>10am:</b> Church/Mass CH #363-373 (AA-II)<br><b>2pm:</b> Music in the Villas (AA-II)<br><small>Yom Kippur Begins</small>   | <b>10am:</b> Word in Word Game (BB)<br><b>2pm:</b> Bowling (EE)<br><b>4pm:</b> Amanda's Nail Salon (AA-II)                             | <b>10am:</b> Discussion Group w/ Dave (BB)<br><b>2pm:</b> Get Well Soon Card Making for hospital patients (CC)<br><b>4pm:</b> Hydration Cart (AA-II) | <b>10am:</b> Movin' & Groovin' (EE)<br><b>2pm:</b> The Great Gatsby Theme Birthday Celebration w/ Monsoon Wind Band (DD)<br><b>4pm:</b> 1:1 Visits (AA-II) | <b>10am:</b> Fall Wreath Making (EE)<br><b>2pm:</b> Oktoberfest Celebration w/ Peter Kron Musik (GG)  | <b>10am:</b> Walking Group (Behind Villa's AA-EE)<br><b>2pm:</b> Bingo (DD)<br><b>4pm:</b> Reading Cart (AA-II)  | <b>10am:</b> Exercise Group (BB)<br><b>2pm:</b> UNO (CC)  |

ALL ACTIVITIES ARE SUBJECT TO CHANGE\* Please contact Samantha Wood # (520) 282-1488 -or- samanthaw@parksv.com with questions