

# Highlights FROM LAST MONTH



# PARK Senior Villas

• CHANDLER •

MARCH 2023

## ASSISTED LIVING & MEMORY CARE COMMUNITIES

### RESIDENT SPOTLIGHT

#### Tonia Gumenik



Tonia is an Arizona native, born in Casa Grande. Tonia lived with her mother, father and two brothers. Tonia is a Tempe High School Alumni and spent lots of time on the ASU campus with friends working on assignments. In 1968 Tonia was waiting to be picked up on ASU campus when she met a gentleman named Norm. He happened to be passing through Tempe while on his way to NAU. Tonia and Norm hit it off and started dating. Tonia graduated from Tempe High in 1969. Tonia and Norm moved in together and Tonia got a job working for Chase Bank. In 1974 they moved to San Diego and got married. They found a small hotel with a Chapel. In 1975 they moved back to Tempe to settle down and have children. They had a son and a daughter. Tonia worked at Wells Fargo for 30 years. In 2012 Tonia and Norm bought a house in Chandler. Tonia moved to PSV a little shy of a year ago, and her husband Norm still spends almost every day with her.

### EMPLOYEE SPOTLIGHT

#### Monica Timon



Monica was born in Sudan, Africa where she lived with her father and mother. Monica had experience at an early age caring for others when her grandfather had a fall and Monica became his caregiver. Monica had a passion for helping others and wanted to make a career out of it. Monica met a boy while attending primary school. They stayed connected through the postal service writing letters. Monica pursued nursing school in Sudan and obtained a Nursing degree. Her Husband attended college in India. Permission was asked of Monica's family for her hand in marriage. Monica soon was having a traditional wedding to the man she had been so close with over all those years. Monica lived in Egypt while Monica's husband moved to the US. Monica cleaned airplanes and eventually got back into caregiving. Monica had a daughter Easter in 2002, a son Joseph in 2008 and Emanuel in 2012. You can find Monica doing what she loves best taking care of our residents here at PSV.

**SPOTLIGHT**  
Senior Services and Living Options

**You're invited to join us at the next East Valley SPOTLIGHT Breakfast**

Host: Park Senior Villas at Chandler  
4950 S. Lindsay Road  
Chandler, AZ 85249

Date: Tuesday, March 14, 2023

Time: 9:00 am to 10:30 am

RSVP required! Call 480-686-0113  
Seating is limited! Please RSVP today!

Meet and hear from those who provide valuable resources in our area. SPOTLIGHT helps you meet the needs of your patients, residents and clients.

**Who Participates in the SPOTLIGHT Program?**  
Case Managers, Discharge Planners, Social Workers, Directors of Admissions, Assisted Living Directors, Nurses, Community Liaison Coordinators, representatives for Adult Day Health Care, Hospice, Home Health, Senior Centers, Support Groups and others who provide services for Senior Adults in our community.

Presented by Kyo Lewis at Customized Marketing Solutions, LLC 602-290-1219  
For Spotlight event information in other areas, see our website at [www.SpotlightSeniorServices.com](http://www.SpotlightSeniorServices.com)  
Stay informed of events valley wide by joining Senior Healthcare Professionals on meetup.com <http://www.meetup.com/SeniorHealthcareProfessionals>

Join Us on March 31, 2023, at 2:30 pm  
To Discuss

## Brain Health

Learn About...

- Brain Trivia
- How Your Brain works
- The Capabilities of the Human Brain
- Brain Facts
- Brain Aerobics

**PARK Senior Villas**  
CHANDLER

In-Motion Atlas



**ALL YOU NEED IS Love AND A Dog**

**Come meet Buckett**  
PARK SENIOR VILLAS

MARCH 9TH AND 23RD  
10AM



*saint Patrick's day*

**BINGO**

IT'S YOUR LUCKY DAY!

March 17 | 5PM  
Chandler Park Senior Villas  
Villa B

### Our Park Senior Villas Team

- Brian Cruz-Andino - General Manager
- Joseph Schmidt - Dietary Director
- Barbara Finn - Director of Life Enrichment
- Jean Langenfeld - Concierge
- Eunice Loitamon - Director of Health and Wellness

### OFFICE HOURS

Monday - Friday ..... 9am-5pm  
Saturday..... By Appointment  
Sunday ..... Closed  
Office.....480-802-6888  
Fax.....480-687-8179



# March

## ACTIVITY CALENDAR

PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • MARCH 2023

Please Note - Calendar Events are subject to change.  
If you have any questions or suggestions, please contact Barbara Finn.

Happy Birthday!

Celebrating our March Birthdays!

Resident Birthday  
Kenneth W. - 3/18

Staff Birthdays  
Genevieve O. - 3/4  
Grace D. - 3/10

### St. Patrick's Day Word Search

I L S H A M R O C K G C M A  
R F C T S A A L U I S J G O  
E A O H P O K R N M A G I C  
P N L U H A C J C A I C K O G Y S G  
O D E R R G T I S H N W I S H I A O  
T G P A M L U R H G T D R D N O C L  
O R M R O E E C I A I R E S E L N D  
F O G A E P K A Y C M O L U C K Y C  
G R E E N R G T F D K R A C V E N O  
O A C D A E A O R C A S N K T U T I  
L N N J H C S I O E L C D A N C E N  
D G A I U H A H N D I O N A E E N S  
E E P G C A I A M B L R V C Y T H C  
E J A I M U S I C U O U L E K E A K  
N I T K R N N T O R C W C A R Y R H  
S E V E N T E E N T H K L K N D P S

Find the words in the puzzle. Words are hidden →, ↓, and ↘.



|                  |            |                   |
|------------------|------------|-------------------|
| DANCE            | JIG        | POT OF GOLD       |
| FOUR-LEAF CLOVER | LEPRECHAUN | RAINBOW           |
| GOLD COINS       | LUCKY      | SAINT             |
| GOOD LUCK        | MAGIC      | SEVENTEENTH       |
| GREEN            | MARCH      | SHAMROCK          |
| HARP             | MUSIC      | ST. PATRICK'S DAY |
| IRELAND          | ORANGE     | WISH              |

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|--|---|--|--|--|
| <b>March 2023</b>  |   |  | Aegis Mindful 1<br>Movement<br>w/Theresa<br>10am Villa B 10:30 Villa G  | <b>Theater Thursday!!</b> 2<br>2 Showing's<br>10am & 1:00pm<br>With Popcorn<br>And Drinks!!      | Aegis Exercise 3<br>10am Villa B 10:30 Villa G               | Moring Strolls 4<br>10am all villas  |
| LUCK IS WHAT HAPPENS WHEN<br>PREPARATION MEETS OPPORTUNITY   |   |  | Technology Class<br>1:30B,2:30G,3:30A                                   | Resident BINGO<br>1:30B,2:30G,3:30A  | Resident BINGO<br>1:30B,2:30G,3:30A                          | Afternoon Cinema<br>3pm all villas   |
| Church Services 5<br>10am Villa B  | Let's Get Moving 6<br>10:30B,11G,11:30A   | Meditation and 7<br>Stretching<br>10:30B,11G,11:30A            | Aegis Mindful 8<br>Movement<br>w/Theresa<br>10am Villa B 10:30 Villa G  | <b>Theater Thursday!!</b> 9<br>2 Showing's<br>10am & 1:00pm<br>With Popcorn<br>And Drinks!!      | Aegis Exercise 10<br>W/Theresa<br>10am Villa B 10:30 Villa G | Moring Strolls 11<br>10am all villas   |
| Color Me<br>Calm/Table<br>Activities<br>3pm all villas   | Recreational<br>Therapy Sensory<br>1pm Villa A<br><br><small>Purim Begins</small> | Brain Training<br>Exercises<br>1:30B,2:30G,3:30A               | Painters Lounge<br>1:30B,2:30G,3:30A                                    | <b>Therapy Puppy<br/>Beckett</b><br>10am Visiting all Villas                                     | Resident BINGO<br>1:30B,2:30G,3:30A                          | Afternoon Cinema<br>3pm all villas   |
| Church Services 12<br>10am Villa B   | Let's Get Moving 13<br>10:30B,11G,11:30A  | Meditation and 14<br>Stretching<br>10:30B,11G,11:30A           | Aegis Mindful 15<br>Movement<br>w/Theresa<br>10am Villa B 10:30 Villa G | <b>Theater Thursday!!</b> 16<br>2 Showing's<br>10am & 1:00pm<br>With Popcorn<br>And Drinks!!     | Aegis Exercise 17<br>W/Theresa<br>10am Villa B 10:30 Villa G | Moring Strolls 18<br>10am all villas   |
| Color Me<br>Calm/Table<br>Activities<br>3pm all villas<br><br><small>Daylight Saving Time Begins</small> | Recreational<br>Therapy Active<br>Game<br>1pm Villa A 1:30 Villa G                | Brain Training<br>Exercises<br>1:30B,2:30G,3:30A               | <b>Music Therapy</b><br>1:00pm Villa A, 1:30pm<br>Villa G               | <b>Saint Patties Day<br/>Family BINGO</b><br>5pm Villa B<br><br><small>St. Patrick's Day</small> | Afternoon Cinema<br>3pm all villas                           | Afternoon Cinema<br>3pm all villas   |
| Church Services 19<br>10am Villa B   | Let's Get Moving 20<br>10:30B,11G,11:30A  | Meditation and 21<br>Stretching<br>10:30B,11G,11:30A           | Aegis Mindful 22<br>Movement<br>w/Theresa<br>10am Villa B 10:30 Villa G | <b>Theater Thursday!!</b> 23<br>2 Showing's<br>10am & 1:00pm<br>With Popcorn<br>And Drinks!!     | Aegis Exercise 24<br>W/Theresa<br>10am Villa B 10:30 Villa G | Moring Strolls 25<br>10am all villas   |
| Color Me<br>Calm/Table<br>Activities<br>3pm all villas<br><br><small>Spring Begins</small>               | Recreational<br>Therapy Craft<br>1pm Villa G                                      | Brain Training<br>Exercises<br>1:30B,2:30G,3:30A               | Cooking Class<br>1:30B,2:30G,3:30A<br><br><small>Ramadan Begins</small> | <b>Therapy Puppy<br/>Beckett</b><br>10am Visiting all Villas                                     | <b>The Musical<br/>Puppeteer</b><br>2:30PM Villa B           | Afternoon Cinema<br>3pm all villas   |
| Church Services 26<br>10am Villa B   | Let's Get Moving 27<br>10:30B,11G,11:30A  | Resident Council 28<br>Meeting<br>2:30pm Villa B, 3:30 Villa G | Aegis Mindful 29<br>Movement<br>w/Theresa<br>10am Villa B 10:30 Villa G | <b>Theater Thursday!!</b> 30<br>2 Showing's<br>10am & 1:00pm<br>With Popcorn<br>And Drinks!!     | Aegis Exercise 31<br>W/Theresa<br>10am Villa B 10:30 Villa G | <b>Heart Walk<br/>Challenge</b><br>Walking Club<br>every day at 4pm<br>in the courtyard.<br>All are invited! |
| Color Me<br>Calm/Table<br>Activities<br>3pm all villas   | Recreational<br>Therapy BINGO<br>1pm Villa G or A                                 | Bible Study<br>w/Woody<br>3:30pm Villa B                       | <b>Music w/ Marty</b><br>B-day party 2:30pm Villa B                     | <b>Brain Health Talk<br/>and Trivia<br/>w/Aegis</b><br>2:30pm Villa B                            |  |  |

Chandler Park Senior Villas, 4950 S. Lindsay Rd, Chandler AZ 85249