

# Highlights FROM LAST MONTH



# PARK Senior Villas • HOUGHTON •

NOVEMBER 2022

## ASSISTED LIVING & MEMORY CARE COMMUNITIES

### RESIDENT SPOTLIGHT

#### Dorothy O'Neil

Dorothy was born in Childress, Texas and grew up in Tucson. She was the youngest of 10 kids. Dorothy helped raise her nieces and nephews growing up. She spent 42 years married to Ralph O'Neil. They never had children of their own but Dorothy did help in raising a lot of kids. Dorothy enjoys mystery books, sewing, and playing softball. She attended Amphitheater High School and received her Bachelor's degree in History from the University of Arizona. Dorothy worked for the Tucson Police Department in Records for 25 years and as a Travel Agent for 30 years.



Her favorite things are traveling, reading of course, and Mexican Food.

### EMPLOYEE SPOTLIGHT

#### Jacob Nunez Quijada

Jacob was born in Sierra Vista and lived most of his life in Douglas, Arizona. What attracted him to caregiving is helping people.



His favorite thing about his job is helping the residents. Jacob has 4 brothers and 1 sister. He likes going to the gym and sports, like wrestling and boxing. Jacob attended Douglas High School and Sunnyside High School. His favorite thing is good Mexican food, preferably his mom's cooking.



### Our Park Senior Villas Team

- Holly Gavazzi - Regional VP
- Madison Faulkner - Director of Health and Wellness
- Lisette Herrera - Business Office Manager
- Janice Creasy - Director of Sales and Marketing
- Sheri Konvalin - Director of Life Enrichment
- Alan Ross - Maintenance Manager
- Nina Martinez - Dietary Manager
- Gloria Rubio - HR Staffing Specialist
- Maribel Lopez - Resident Care Coordinator
- Maribel Romero - Resident Care Coordinator

### OFFICE HOURS

**Monday - Friday** .....9am-5pm  
**Saturday** ..... By Appointment  
**Sunday**..... Closed  
**Office** ..... 520-219-0160  
**Fax**..... 520-546-2124

PLEASE JOIN US FOR OUR

## Family Thanksgiving Gathering

FRIDAY NOVEMBER 18TH @ 4:00PM  
 PARK SENIOR VILLAS HOUGHTON

FOR MORE INFO CONTACT SHERI  
 (520)282-1488 | sherieparksv.com



## PARK Senior Villas JOIN OUR TEAM AND WALK WITH US!

**NOVEMBER 5TH 2022**

Registration and walk opens at 10:00am  
 Walk safely in our local neighborhood and participate in our Promise Garden. There will be brain games, music, food and more!

**PARK Senior Villas Houghton** | For more information contact Sheri  
 844 N. Houghton Road | (520)282-1488 | Sheri@parksv.com

The Walk to End Alzheimer's® is full of flowers, each carried by someone committed to ending this disease. Because like flowers, our participants don't stop when something's in their way. They keep raising funds and awareness for a breakthrough in the fight against Alzheimer's and all other dementia.



**TOGETHER, WE CAN END ALZHEIMER'S DISEASE.**



# November

## ACTIVITY CALENDAR

Please Note - Calendar Events are subject to change.

If you have any questions or suggestions, please contact Sheri Konvalin.

Welcome!  
to our new residents!

Sarah C.  
Mary Jo D.  
Carol M.  
Barbara R.

Happy Birthday!

Celebrating our  
November Birthdays!

Barbara L. - 11/11  
Barbara W. - 11/21  
Jane J. - 11/23  
Nancy B. - 11/27  
Miriam B. - 11/27

Y J L E F T O V E R S L J D I P X X  
F A T H E R G O B B L E A Y G I D G  
C O R N U C O P I A Q E E T R L M R  
P D R U M S T I C K R K S T A G A A  
I C G R A N D M A B R A B R T R S N  
L A U N T Y N G N U E S G A I I S D  
G R N V L I N R T F E N R D T M A P  
R V E I K I O N R I I M N I U A C A  
I E M P S C M E R V N I B T D C H B  
M A M S S U W R I A S W P I E O U R  
F U E L T O E G I U E P I O B R S O  
P R L U L B S D O H A L E N R N E T  
D O A F N K N C T S Q U A S H S T H  
R S Y A N I N O V E M B E R I X T E  
R A R A L Z M S W I S H B O N E S R  
M C H L W Y M T L T H A N K F U L I  
E T A S L A M O T H E R S I S T E R  
G F F P Y S T U F F I N G U N C L E

Thanksgiving	pilgrm	pumpkn	turkey	dressng	cranberries
pilgrm	indlan	autumn	ple	cornucopla	feast
mayflower	november	stuffng	rolls	cornbread	drumstick
gratitude	thankful	Massachusetts	Plymouth	squash	wishbone
yams	grandma	grandpa	uncle	aunt	cousin
family	mother	father	brother	sister	carve
gobble	traditions	fall	leftovers		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Gratitude turns what we have into Enough</p>		<p>1 10:30 Morning Fitness 11:00 Ring Toss Villa AA 12:30 Villa Activity 2:00 Crafters Corner Villa BB 3:30 Rest and Relaxation All Villas</p>	<p>2 10:30 Let's Get Physical 11:00 Bowling Villa AA 12:30 Mid-day in house Activity 2:00 BINGO Villa CC 3:30 Afternoon Villa Activities</p>	<p>3 Cliché Day! 10:00 Coffee, Sweets &amp; Fun Villa EE 12:30 Armchair Travel PARIS All Villas 2:30 Let's Say Clichés Villa BB 3:00 Afternoon Villa Activities</p>	<p>4 10:00 Free for All Friday Morning Fun! TBA 12:30 After Lunch in House Activity 2:30 Happy Hour and Music Villa BB</p>	<p>5 In Honor of National Alzheimer's Awareness Month Join in on our Annual Walk in the Park @10:00 am</p>
<p>6 10:00 Church Mass CH:363-373 (AI) 2:00 In House Activity or Games</p> <p>Daylight Savings Time Ends</p>	<p>7 10:00 Sit n Be Fit 10:30 Play Ball Villa GG 12:30 Villa Activities 2:00 Brain Games 2:30 Afternoon Villa Activities</p>	<p>8 10:00 What's Happening now. 10:30 Morning Fitness 11:00 Play Ball (CC) 12:30 Villa Activity 2:00 Table Games (DD) 2:30 Don't Sink the Boat Villa 3:30 Mindful Meditation (AV)</p>	<p>9 10:00 A Little Reading 10:30 Mindful Moves 11:00 Foot Ball Villa GG 12:30 Mid-Day in house Activities 2:00 BINGO Villa BB 3:30 Afternoon Villa Activities</p>	<p>10 National Vanilla Cupcake day! 10:00 Coffee, Sweets &amp; Fun Villa GG 12:30 Lets Bake Cupcakes all Villas 2:00 Make Thank you Cards for our Soldiers and Families. Villa CC 3:30 Afternoon Villa Activities</p>	<p>11 Veterans Day! All Day Celebration!! NYC Veterans Day Parade TBA (all Villas) 2:00 Live Music w/ 2:45 Red, White, &amp; Blue Sundae's Villa EE</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>12 10:30 Morning Fitness Villa BB 12:30 After Lunch In House Activity 2:00 Movie Villa DD</p>
<p>13 10:00 Church Mass CH:363-373 (AI) 2:00 In House Activity or Games</p>	<p>14 10:00 Current Events 10:30 Moving and Grooving workout! Villa EE 12:30 Villa Activities 2:00 Trivia Villa BB 3:00 Afternoon Villa Activities</p>	<p>15 Steve Erwin Day! 10:00 Rock around the Croc.. Exercise Villa EE 10:30 Croc. Toss 12:30 Villa Activity 2:00 Music w/Frank Ross Villa AA 3:30 Mindful meditation (AV)</p>	<p>16 Teddy Bear Day! 10:30 Let's Get Physical 11:00 Teddy Trivia villa AA 12:30 Mid-day in house Activity 2:00 BINGO Villa CC 3:30 Afternoon Villa Activities</p>	<p>17 International Guinness World Record Day! 9:30 Horses N Smiles 10:30 music w/john To Be Announced We will Make and Break our own Park Villa Records!!! Be Ready for Fun!! Family, Staff, Friends &amp; Resident Together</p>	<p>18 10:00 Free for All Friday Morning Fun! TBA</p> <p>4:00 Family Thanksgiving Gathering</p>	<p>19 10:30 Morning Fitness Villa AA 12:30 After Lunch In House Activity 2:00 Movie Villa EE</p>
<p>20 10:00 Church Mass CH:363-373 (AI) 2:00 In House Activity or Games</p>	<p>21 World Television Day 10:00 Sit n Be Fit 10:30 Play Ball Villa GG 12:30 Villa Activities 2:00 Television Games and Trivia Villa EE 3:00 Afternoon Villa Activities</p>	<p>22 10:00 What's Happening now. 10:30 Morning Fitness 11:00 Play Ball (GG) 12:30 Villa Activity 2:00 Table Games (AA) 2:30 Don't Sink the Boat Villa 3:30 Mindful Meditation (AV)</p>	<p>23 What Do You Love About America Day! 10:00 A Little Reading 10:30 Mindful Moves 11:00 Horseshoes Villa FF 12:30 Mid-day in house Activity 2:00 America Craft Activity Villa BB 3:30 Afternoon Villa Activity</p>	<p>24 Happy Thanksgiving! All Day Independent Villa Activities with Staff, Family, and Friends. 😊 Thanksgiving Day (US)</p>	<p>25 International Hat Day 10:00 Free for All Friday Morning Fun! TBA 12:30 After Lunch in House Activity 2:30 Happy Hour Ft. Little Big Band Villa BB Let's wear our Crazy Hats</p>	<p>26 10:30 Morning Fitness Villa DD 12:30 After Lunch In House Activity 2:00 Movie Villa FF</p>
<p>27 10:00 Church Mass CH:363-373 (AI) 2:00 In House Activity or Games</p>	<p>28 10:00 Current Events 10:30 Moving and Grooving workout! Villa EE 12:30 Villa Activities 2:00 Trivia Villa BB 3:00 Afternoon Villa Activities</p>	<p>29 10:30 Morning Fitness 11:00 Ring Toss Villa AA 12:30 Villa Activity 2:00 Crafters Corner Villa BB 3:30 Rest and Relaxation All Villas</p>	<p>30 10:30 Let's Get Physical 11:00 Bowling Villa GG 12:30 Mid-day in house Activity 2:30 Monthly Birthday Party 3:30 Afternoon Villa Activities</p>	<p>November 2022</p> <p>On Good Days Activities will be outdoors dates and times subject to change</p>		