

Highlights FROM LAST MONTH

Easter Festivities



PARK 
Senior Villas
 • CHANDLER •

MAY 2022

ASSISTED LIVING & MEMORY CARE COMMUNITIES

RESIDENT SPOTLIGHT

Veronica "Ronnie" McMichael



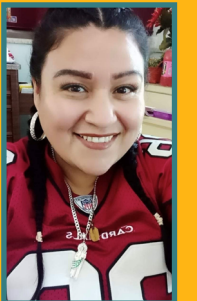
Ronnie was born and raised in Cleveland, Ohio. She moved to Arizona in the spring of 2021. Ronnie grew up with a lot of siblings, both brothers and sisters had many adventures with their large family. Ronnie is very proud of her beautiful family. Her Son Andre 42, daughter in law Jamie 37, and her 4 gorgeous granddaughters Brittney 24, Julia 21, Josephine 8, and Ruby 6. Ronnie enjoys doing word searches, watching TV, and shopping. She attended John Hay High School in Cleveland, Ohio. She worked as a Customer Service Representative for Medical insurance for many years.

Ronnie's favorite things are spending time with her family, watching television - especially cooking shows, and using the computer to go on Facebook.

She loves to sit outside enjoying the warm sun, enjoys her favorite foods like ribs and wings, and candy. Ronnie loves the movie *The Color Purple*.

EMPLOYEE SPOTLIGHT

Alejandra "Alex" Miramontes



Alex is a Med Tech here at Park Villas Chandler. She was born in Torrance, California but lived most of her life in Phoenix, Arizona. She attended Paradise Valley High School and then Paradise Community College. Alex was attracted to being a care giver because her mother was a CNA for 35 years until she retired. Alex said her mother always told her stories about her days at work and her patients. Alex makes every day an opportunity to provide her residents with quality care along with love, and keeping her residents engaged and respecting their values. She loves learning from them and returning a little of all they have done in their life is very rewarding to her at the end of the day.

Alex has 8 children - 4 boys and 4 girls, and she is very proud of and happily engaged to her fiancé Eric. Her interests and hobbies include singing karaoke, collecting anime, and especially "Stitch" from *Lilo and Stitch*. Oh, and can't forget dancing...Alex truly loves spending quality time with her children, and having cookouts on the weekends. Her favorite soccer team is the Chivas. She also loves football and the Cardinals.



Our Park Senior Villas Team

Robert Dietterick, LPN – General Manager
 Lorell O'Dell – Marketing Director
 Robert Robledo – Dietary Director
 Sheri Konvalin – Director of Life Enrichment
 Mercedes Velazquez – Health Unit Coordinator
 Jamie Ledin – Resident Care Coordinator

OFFICE HOURS

Monday - Friday 9am-5pm
Saturday..... By Appointment
Sunday Closed
Office.....480-802-6888
Fax.....480-687-8179



May

ACTIVITY CALENDAR

Welcome!
to our new residents!
Jean
Jenna
Marylin

Happy Birthday!
Celebrating our
April Birthdays!
Grace 4/20
Jingru 4/25

Fun Facts About May

On May 1, 1931, the Empire State Building was officially opened.

May used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!



Friday, May 20, 2022

Park Senior Villas: 9:30am

NATIONAL SENIOR HEALTH AND FITNESS DAY

Let's celebrate with these events:

- Fun Games
- Chair Zumba
- Walk



PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • MAY 2022

Please Note - Calendar Events are subject to change.
If you have any questions or suggestions, please contact Jean Lagenfeld.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May day 1 10:00 Sunday Church Service 2:00 In- house activity <small>May Day</small>	2 8:30 Coffee Talk 10:00 Walking Club 1:00 Who am I 1:30 Don't Sink the Boat 2:00 Trivia	Garden Meditation Day 3 9:00 After Breakfast Club 10:00 Let's Get physical 11:00 Trivia 1:00 Mindful Meditation 3:00 Armchair Travel	National Bird Day 4 9:30 Mindful Moves w/Theresa 11:00 Games 1:00 Bird Bingo 2:00 Craft Corner	Cinco De Mayo 5 9:30 Mindful Moves w/Theresa All Day Activities Starting at 11:00 12:00 Taco and Margarita lunch Activities will be posted <small>Cinco de Mayo</small>	National Nurses Week Begins 6 9:30 Morning Fitness 10:30 Celebrate Nurses 1:00 Flower Arranging w/Irma 3:00 Ice Cream Social & Games	7 10:00 Morning Stroll 1:00 Crafters Corner 3:00 Afternoon at the Movies
Happy Mother's Day 8 10:00 Sunday Church Service 11:00 Mother's Day Brunch 2:00 In-House Activity <small>Mother's Day</small>	9 8:30 Current Events 10:30 Shake Rattle And Roll with Lorenzo 1:00 BINGO	Mother Ocean Day 10 9:00 On This Day 10:00 Sit N Be Fit 10:30 Balloon Bop 1:00 Outdoor Adventure 2:00 Art Therapy (Ocean Art)	11 9:30 Mindful Moves w/Theresa 10:30 Bowling 1:00 Music w/Fernando 2:30 Rest and Relaxation	National Nurses week ends 12 Theater Thursday!! 3 Showing's 10:00-1:00-3:00 With Popcorn, Candy And Drinks!!!	Friday The 13th 13 9:30 Morning Fitness 10:00 Ball Toss 2:00 Happy Hour	14 10:00 Morning Stroll 1:00 Crafters Corner 3:00 Afternoon at the Movies
15 10:00 Sunday Church Service 2:00 In- house activity	16 8:30 Coffee Talk 10:00 Walking Club 1:00 Who am I 1:30 Don't Sink the Boat 2:00 Trivia 4:00 Dementia Support Group	17 9:00 After Breakfast Club 10:00 Let's Get physical 11:00 Trivia 1:00 Mindful Meditation 3:00 Armchair Travel	International Museum Day 18 9:30 Mindful Moves w/Theresa 11:00 Games 1:00 Virtual Trip to the Smithsonian Museum 2:00 Craft Corner	19 Theater Thursday!! 3 Showing's 10:00-1:00-3:00 With Popcorn, Candy And Drinks!!!	National Endangered Species Day 20 9:30 National Senior Health and Fitness Day Ft. Aegis 11:00 Endangered Species Trivia 1:00 Flower Arranging w/Irma 3:00 Ice Cream Social <small>Armed Forces Day</small>	Armed Forces Day 21 10:00 Morning Stroll 1:00 Crafters Corner (Make Memorial Poppies) 3:00 Afternoon at the Movies
22 10:00 Sunday Church Service 2:00 In- house activity	23 8:30 Current Events 10:30 Shake Rattle and Roll with Lorenzo 1:00 BINGO <small>Victoria Day (Canada)</small>	Scavenger Hunt Day 24 9:00 On This Day 10:00 Sit N Be Fit 10:30 Balloon Bop 1:00 Outdoor Adventure Scavenger Hunt	25 9:30 Mindful Moves w/Theresa 10:30 Bowling 1:00 Music w/Fernando 2:00 Monthly Birthday Party	26 Theater Thursday!! 3 Showing's 10:00-1:00-3:00 With Popcorn, Candy And Drinks!!!	National Garden Day 27 9:30 Morning Fitness 10:00 Bloom for a New Beginning Plant our Sensory Garden 2:00 Happy Hour	28 10:00 Morning Stroll 1:00 Crafters Corner 3:00 Afternoon at the Movies
Rosie The Riveter Day 29 10:00 Sunday Church Service 2:00 In- house activity	Memorial Day 30 8:30 Coffee Talk 10:00 Walking Club 12:00 Memorial Day BBQ 1:30 Don't Sink the Boat 2:00 Trivia <small>Memorial Day</small>	31 9:00 After Breakfast Club 10:00 Let's Get physical 11:00 Trivia 1:00 Mindful Meditation 3:00 Armchair Travel	Bloom for a New Beginning MAY 2022 Gifts From Your Garden Month			

Park Senior Villa's Chandler