

# Highlights

FROM LAST MONTH  
BIRTHDAY CELEBRATIONS



## Our Park Senior Villas Team

Joe Adams - Interim General Manager  
Alma Ibarra - Staff Specialist  
Ismael Carranza - Activities Director  
Daniel Jaime - Maintenance Manager  
Yvette Soza - Dietary Manager  
Sherae White - Care Specialist  
Taneisha Burton - Care Manager

### OFFICE HOURS

Monday - Friday .....9am-5pm  
Saturday .....By Appointment  
Sunday .....Closed  
Office .....520-219-0160  
Fax .....520-546-2124

**PARK**   
*Senior Villas*  
• HOUGHTON •

ASSISTED LIVING & MEMORY CARE  
COMMUNITIES

JANUARY 2022

## RESIDENT SPOTLIGHT

### Judi Winn

Judi was born in Pasadena, CA and was raised there by her parents Clyde and Grace and her sister Sandra. She moved to Tucson when she was twelve years old.

Growing up, Judi loved camping and swimming. Judi enjoyed hosting parties with friends. Judi graduated from U of A with a degree in Liberal Arts. She began her career as a real estate broker and received her BA Degree from The University of Phoenix.

Judi was in a choir and the Senior Women's Hiking Club. She also delivered children books in Mexico. Judi still loves socializing. She has a great time at activities and get togethers with other residents.



## EMPLOYEE SPOTLIGHT

### Maribel Romero

Maribel was born and raised in Tucson with her two sisters Debbie and Jennifer. She attended and graduated from Sunnyside High School.

Maribel enjoys spending her free time dancing, from going out or Zumba. She loves to be outdoors hiking. Maribel is up for any adventure and is always open to new experiences.

Maribel started her career 17 years ago working with children with special needs. When her mother fell ill, she decided to give her mom the best care from herself. Maribel has now been a caregiver since. What Maribel loves most about her job, is that it's very rewarding. Thank you Maribel!





# January

## WORD SEARCH! WINTER FUN

FIND AND CIRCLE THE WORDS ON THE LIST...WORDS MAY BE FOUND ACROSS, DOWN, OR DIAGONALLY  
--FORWARDS, BACKWARDS, AND SOMETIMES OVERLAPPING. HAVE FUN!

### WORD LIST

BOBSLED  
DOGSLED  
HOCKEY  
HUNTING  
ICE FISHING  
ICE SKATE  
SHOVEL  
SKI  
SKIJORING  
SLED  
SLEIGH RIDE  
SNOW  
SNOW ANGEL  
SNOWBALL  
SNOWBLOWER  
SNOWBOARD  
SNOWMAN  
SNOWMOBILE  
SNOWSHOES  
TOBOGGAN

W I I Z H U N T I N G L S  
Z K I D O G S L E D C E A  
L S N O W B O A R D O V G  
E N L O D E L S B O B E E  
V O E E D I R H G I E L S  
O W T R D G M D E L S B N  
H A A G E S U L I N N I O  
S N K R P W N B T R A B W  
N G S K I J O R I N G W B  
O E E E T M C L M W G O A  
W L C F W B L A B A O N L  
M M I O S W E N L W B S L  
A C N X G U Y E K C O H S  
N S N O W S H O E S T N T  
I C E F I S H I N G O O S



Happy Birthday!

Celebrating our January Birthdays!

Marion W. B – 1/6 Rita S. – 1/7 Harriet Y. – 1/12  
Loretta W. – 1/13 Barbara G. – 1/16  
Katherine V. – 1/22

## PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • JANUARY 2022

### ACTIVITY CALENDAR

Please Note - Calendar Events are subject to change.  
If you have any questions or suggestions, please contact Ismael Carranza.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <h1>January 2022</h1> </div>						
<b>2</b> <b>10:00</b> Church/Mass CH: 363-373 (AI)  <b>2:00</b> In House Activity or Games	<b>3</b> <b>10:00</b> Park Café (Villa DD) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Puzzle (Villa AA)	<b>4</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa CC) <b>12:30</b> After Lunch in House Activity <b>2:00 Music w/Jerry &amp; Carole</b> (Villa GG)	<b>5</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa DD) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Arts & Crafts (Villa CC)	<b>6</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa EE) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Trivia (Villa DD)	<b>7</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa FF) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Ring Toss (Villa EE)	<b>8</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa GG) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Puzzle (Villa FF)  <i>New Year's Day</i>
<b>9</b> <b>10:00</b> Church/Mass CH: 363-373 (AI)  <b>2:00</b> In House Activity or Games	<b>10</b> <b>10:00</b> Park Café (Villa EE) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Dominoes (Villa GG)	<b>11</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa AA) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Uno (Villa AA)	<b>12</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa CC) <b>12:30</b> After Lunch in House Activity <b>2:00 Tea Party</b> (Villa BB)	<b>13</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa DD) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Poker (Villa CC)	<b>14</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa EE) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Bingo (Villa DD)	<b>15</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa FF) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Movie (Villa EE)
<b>16</b> <b>10:00</b> Church/Mass CH: 363-373 (AI)  <b>2:00</b> In House Activity or Games	<b>17</b> <b>10:00</b> Park Café (Villa FF) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Puzzle (Villa FF) <i>Martin Luther King Jr. Day</i>	<b>18</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa GG) <b>12:30</b> After Lunch in House Activity <b>2:00 Music w/Frank Ross</b> (Villa BB)	<b>19</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa AA) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Arts & Crafts (Villa GG)	<b>20</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa CC) <b>12:30</b> After Lunch in House Activity <b>2:00 Music w/Jerry &amp; Carole</b> (Villa BB)	<b>21</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa DD) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Ring Toss (Villa AA)	<b>22</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa EE) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Puzzle (Villa CC)
<b>23</b> <b>10:00</b> Church/Mass CH: 363-373 (AI)  <b>2:00</b> In House Activity or Games  <i>Activity Professionals Week</i>	<b>24</b> <b>10:00</b> Park Café (Villa GG) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Uno (Villa DD)	<b>25</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa FF) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Dominoes (Villa EE)	<b>26</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa GG) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Arts & Crafts (Villa FF) <i>Australia Day (observed)</i>	<b>27</b> <b>9:30 Horsing Around w/ Horses-N-Smiles</b> <b>12:30</b> After Lunch in House Activity <b>2:30</b> Bingo (Villa GG) <b>5:00 Chocolate Cake Day Donation</b>	<b>28</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa AA) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Trivia (Villa AA)	<b>29</b> <b>8:00</b> 1 on 1 Visits <b>9:30</b> Morning Fitness (Villa BB) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Movie (Villa CC)
<b>30</b> <b>10:00</b> Church/Mass CH: 363-373 (AI)  <b>2:00</b> In House Activity or Games	<b>31</b> <b>10:00</b> Park Café (Villa AA) <b>12:30</b> After Lunch in House Activity <b>2:30</b> Puzzle (Villa DD)	<div> <h2>Range of Motion Overview</h2> <p>w/ Roseanna Thompson</p> <p>Jan. 19<sup>th</sup> at 1PM in Villa BB</p> </div>				

Park Senior Villas - Houghton



Welcome!

to our new residents!

Barbara W. Daniel S. Douglas W. Judi W. Patricia D. Roxana O.





# Highlights FROM LAST MONTH

## WRECKETTES AND HOLIDAY ARTS & CRAFTS





