Highlights FROM LAST MONTH









JOIN US IN A

#### WALK TO END **ALZHEIMER'S!**

SUPPORT OUR TEAM FOR THE ALZHEIMER'S ASSOCIATION WALK TO END ALZHEIMER'S! JOIN US FOR BRAIN GAMES, A WALK IN OUR NEIGHBORHOOD, YARD GAMES AND

> **NOVEMBER 6TH, 2021** 8:30 AM MAIN COURTYARD

PINWHEEL FLWOERS WILL BE **AVAILABLE FOR PURCHASE FOR \$5** ALL PROCEEDS WILL BENEFIT THE ALZHEIMER'S ASSOCIATION.



#### PARK WELLNESS CORNER:

Alzheimer's is the most common cause of dementia, a general term for memory loss and other cognitive abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 60-80% of dementia cases.

Alzheimer's disease, from the brain is reasonably likely to reduce cognitive and functional decline in people living with early Alzheimer's. Today, there is a worldwide effort underway to find better ways to treat the disease, delay its onset and prevent it from developing!

Join us in the fight against Alzheimer's and support



#### Our Park Senior Villas Team

Isabella Conte - General Manager Robert Dietterick - Director of Health & Wellness Mariana Cruz - Health Unit Coordinator Lorell O'Dell - Community Support Specialist Jennifer Garibay - RCC Lydia Garza - RCC Mabisaraid Rodriguez - RCC Jessica Castillo - Staff Specialist Rose Chavez - Dietary Director Melissa Chavez - Activities Director Albert Leon - Maintenance Director

#### **OFFICE HOURS**

Monday - Friday	9am-5pm
Saturday	By Appointment
Sunday	Closed
Office	520-531-0086
Care Line	520-262-5687
Main Fax	520-268-9796
Admissions/Marketing F	ax 520-268-9795



#### RESIDENT SPOTLIGHT

## Jerone Hawks (Villa C)

Ierome has been at PSV for only a short time but has made an impact on our community. He is always there to lend a helping hand and has a heart for others. A few facts about Jerome are:

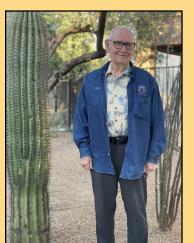


He was born on August 9th, 1933 in Little Rock, Arkansas.

He loves sport cars, motorcycles, and atv's.

He has 3 children and 3 grandchildren.

A few of his jobs included being in the Airforce,



working in the Police Dept, delivering newspapers, being a farm worker, a dishwasher then became the cook at a restaurant.

What Jerome likes best about PSV is the staff and attending the activities.

Advice he wants

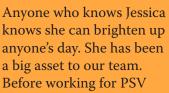
to give everyone is to get to know someone first, give them a chance before you judge them. That goes for both the staff and the residents.

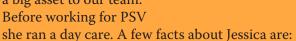
It has been a pleasure having you with us Jerome!

#### **EMPLOYEE SPOTLIGHT**

### Jessica Castillo

Jessica Castillo (Office Admin/Scheduler)





She was born and raised in Tucson Az.

She has a 10 year old son who she loves and adores.

She was on the Dean's List and is a Medical Assistant.

Her hobbies include Being outdoors, hiking, baking, painting, drawing, and spending time with her son and significant other.

On Jessica's bucket lists is traveling to Bora Bora



and the Galapagos Islands. She would like to see all the exotic animals and hike the red wood forest!

We appreciate you Jessica and all your hard work! You continue to make peoples frowns turn upside down.

#### PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • NOVEMBER 2021

JOSEMO OF ACTIVITY CALENDAR

Please Note - Calendar Events are subject to change. If you have any questions or suggestions, please contact Melissa Chavez.

For more information contact Melissa



#### Celebrating our November Birthdays!



Maged William

Welcome!

to our new residents!

3rd-Josephine (C) 10th-Kyong (G) 13th-Andy (D) 16th-Martha (J) 20th-Molly (C) 22nd-Everard (D) 24th-Maria (N) 26th-Barbara (J) 30th-Shirleen (N)

Park Senior Villas at La Canada

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Educational Series: Stay Healthy W/Cold	9:00 1:1 Visits	9:00 1:1Visits (D,G)	9:00 1:1Visits (H,I)	9:00 1:1 Visits (J,M,N)	5	8:30 Alzheimer's
& Flu Season by: Angel's Care Home Health	(A,C) 10:00 Chair Volleyball (C)		10:00 Morning Fitness Class (J)	2:00 Chip, Chip Hooray Cookie Social-Cookie Decorating (A-N)	Jersey Day (H) 3:00 Stay Healthy W/Cold & Flu Season- Angels Care Home	Walk/Brain Games (Courtyard) 2:00 Nail Care & Nail Painting
	3:00 Brain Games/Sensory Bins (D)	<b>3:00</b> Book Mobile/Hydration & Snack Cart <b>(A,C,D)</b>	3:00 Bingo & Prizes (D)	3:00 Employee of the Month & Caught Caring (Courtyard)	Health (C) 5:30 Movie & Popcorn (A-N)	(A-N) 3:00 Saturday Games (A-N)
9:00 Church Service W/Pastor Murray (D)	9:00 1:1 Visits	9:00 1:1Visits (D,G)	9:00 1:1Visits (H,I)	9:00 1:1 Visits (J,M,N)	12 10:00 Fall Farmer's Market (Courtyard)	13 10:00 Piano
<b>12:00</b> Sunday	(A,C) 10:00 Ball Toss (D)	10:00 Life after Loss Support Group-Intrepid	10:00 Morning Walk (Courtyard)	12:00 Veterans Lunch- See Flyer	3:00 Exploring the world	W/Morgan ( <b>D</b> ) <b>2:00</b> Nail Care & Nail Painting
Sundaes (A-N) 2:00 Nail Care & Nail Painting (A-N)  Daylight Saving Time Ends	3:00 Word Searches/Sensory Bins (G)	USA (F) 3:00 "Paint the Path"Rock Painting (Courtyard)	3:00 Butterfly Garden & "Life cycle of a Butterfly" Activity (Courtyard)	3:00 Veteran's Performance with Joe Bucci (Courtyard) Veterans'Day Remembrance Day (Canada)	Gocumentary (H)	(A-N) 3:00 Fall Coloring
14	15	_	17	18	19	_
<b>9:00</b> Church Service W/Pastor Murray ( <b>D</b> )	<b>9:00</b> 1:1 Visits <b>(A,C)</b>	9:00 1:1Visits (D,G)	9:00 1:1Visits (H,I)	9:00 1:1 Visits (J,M,N)	<b>10:00</b> PSV Café <b>(C)</b>	10:00 Morning Music (A-N)
12:00 Sunday Sundaes (A-N)	10:00 Chair Basketball (G)	10:00 Fall Arts & Crafts (J)	10:00 Morning Fitness Class (C)	2:00 Chip, Chip Hooray Cookie Social-Pizookies (A-N)	<b>3:00</b> Wildlife Documentary <b>(J)</b>	2:00 Nail Care & Nail Painting (A-N)
2:00 Nail Care & Nail Painting (A-N)	3:00 Puzzles/Sensory Bins (H)	<b>3:00</b> Book Mobile/Hydration & Snack Cart ( <b>G</b> , <b>H</b> , <b>I</b> )	3:00 Bingo & Prizes (H)	<b>3:00</b> Happy Hour <b>(G)</b>	5:30 Movie & Popcorn (A-N)	3:00 Fall Trivia (A-N)
21 9:00 Church Service	<b>22 9:00</b> 1:1 Visits	9:00 1:1Visits (D,G)	24 9:00 1:1Visits (H,I)	25 9:00 1:1 Visits (J,M,N)	_	<b>27</b> <b>10:00</b> Piano
W/Pastor Murray (D)	(A,C)		10:00 Morning Walk		<b>10:00</b> PSV Café <b>(D)</b>	W/Morgan ( <b>D)</b>
12:00 Sunday Sundaes (A-N)	<b>10:00</b> Ball Toss <b>(H)</b> <b>3:00</b> Ipad	10:00 Making Pies (A-N)	(Courtyard) 3:00 Keyboard	12:00 THANKSGIVING FEAST (A-N)	3:00 Jeopardy W/Friends (C)	2:00 Nail Care & Nail Painting (A-N)
` ,	1	3:00 Pie Contest (D)	Performance W/John Dupont (D)	3:00 Why are you Thankful? (A-N)	5:30 Movie & Popcorn	3:00 Resident's
28	_	9:00 1:1Visits (D,G)			4	
<b>9:00</b> Church Service W/Pastor Murray ( <b>D</b> )	<b>9:00</b> 1:1 Visits <b>(A,C)</b>	2:00 Birthday	3	VOVE	mbe	r
<b>12:00</b> Sunday	<b>10:00</b> Bean Bag Toss <b>(I)</b>	Celebration (J)				
Sundaes (A-N) 2:00 Nail Care & Nail	3:00 Crossword Puzzles/Sensory Bins	3:00 Book Mobile/Hydration &		20	91	THE STATE OF THE S
Painting (A-N)  Hanukkah Begins	(J)	Snack Cart (J,M,N)		20		OF L

Activities are subject to change

# Highlights

FROM LAST MONTH

**ACTIVITIES FUN AT PSV** 







• LA CAÑADA •

COME TOUR OUR VILLAS TODAY! **520-524-0601** 

6899 N. La Cañada Dr. Tucson, AZ 85704

ParkSeniorVillas.com



ADD YOUR FLOWER TO THE FIGHT TO END ALZHEIMER'S.







- Registration and Walk Opens at 9am
- Walk safely in our local neighborhood
- Participate in our Promise Garden Ceremony
- Brain Games, Food Trucks, Music & More!

WALK our beautiful path!

Park Senior Villas 6899 N. La Cañada Dr.

Scan here to Register with our local team! Or Register at alz.org/walk and type: Park Senior Villas



JOIN US AS WE SUPPORT THE CAUSE TO RAISE FUNDS TO MAKE MORE TOMORROWS!