Highlights FROM LAST MONTH



JOIN US IN A WALK TO END **ALZHEIMER'S!**

COME AND SUPPORT OUR TEAM WALK IN OUR NEIGHBORHOOD PROMISE GARDEN CEREMONY BRAIN GAMES, FOOD TRUCKS, MUSIC & MORE!

> NOVEMBER 6TH, 2021 9:00 AM CUL-DE-SAC

THE WALK TO END ALZHEIMER'S® IS FULL OF FLOWERS, EACH CARRIED BY SOMEONE COMMITTED TO ENDING THIS DISEASE. BECAUSE LIKE FLOWERS, **OUR PARTICIPANTS DON'T STOP WHEN** SOMETHING'S IN THEIR WAY. THEY KEEP RAISING FUNDS AND AWARENESS FOR A BREAKTHROUGH IN THE FIGHT AGAINST ALZHEIMER'S AND ALL OTHER **DEMENTIA**



Our Park Senior Villas Team

Lindsay Estrella - General Manager Joe Adams - Admissions Coordinator

Alma Ibarra - Staff Specialist

Ismael Carranza - Activities Director

Daniel Jaime - Maintenance Manager

Yvette Soza - Dietary Manager

Sherae White - Care Specialist

Taneisha Burton - Care Manager

OFFICE HOURS

PARK WELLNESS CORNER:

Alzheimer's is the most common cause of dementia, a general term for memory loss and other cognitive abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 60-80% of dementia cases.

Alzheimer's disease, from the brain is reasonably likely to reduce cognitive and functional decline in people living with early Alzheimer's. Today, there is a worldwide effort underway to find better ways to treat the disease, delay its onset and prevent it from déveloping!

Join us in the fight against Alzheimer's and support our community!



Fax......520-546-2124

PARK Senior Villas

HOUGHTON .

ASSISTED LIVING & MEMORY CARE COMMUNITIES

EMPLOYEE SPOTLIGHT

now lived for the past six years

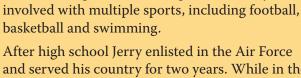
with her son Adrian.

Karen Pacheco

RESIDENT SPOTLIGHT

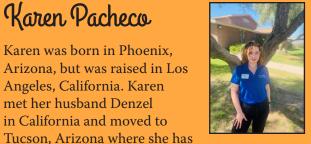
Jerry Vandermark

Jerry was born and raised in Pocatello, Idaho with his brother Joe and his two sisters. Growing up in Idaho, Jerry always enjoyed clown fishing at American Falls Lake with his brother. Jerry later moved to Tucson where he went to Tucson High School. In high school Jerry was



and served his country for two years. While in the Air Force, Jerry was a Radio Man in a Boeing B-29 Superfortress in the Korean War. Jerry attended the University of Arizona at received his Bachelor's degree in Range Management and later received his Master's degree in Education.

Jerry is one of our new residents here at Park Senior Villas and we are so happy for him to join our community. Welcome Jerry!



Karen enjoys her free time doing make-up, shopping, spending time with her family and exploring going on vacations.

Karen was inspired to get into the medical field through her father who was a registered nurse and she also helped take care of her grandmother during her later years. Karen has been a registered caregiver for five years and has been at Park Senior Villas for four months now and has quickly made an impact on our community and her villa.





844 N. Houghton, Tucson, Arizona 85748 | 520.219.0160 | www.parkseniorvillas.com

PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • NOVEMBER 2021

COLOR OF ACTIVITY CALENDAR

Please Note - Calendar Events are subject to change. If you have any questions or suggestions, please contact Ismael Carranza.





Welcome!

to our new residents!

Barbara G. Barbaranne R.

Denise T. Jerry V. Kathleen W.

Lawrence D.

Linda R. Louis B. Vivian H.



Celebrating our **November Birthdays!**

Zetta Y. - Nov 12th Barbara W. - Nov 21st

Helen B. - Nov 23rd

Jane J. - Nov 23rd

Alice M. - Nov 24th Miriam. - Nov 27th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Park Café (Villa DD) 12:30 After Lunch in House Activity 2:30 Corn Hole (Villa GG)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa DD) 12:30 After Lunch in House Activity 2:30 Uno (Villa AA)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa EE) 12:30 After Lunch in House Activity 2:30 Arts & Crafts (Villa CC)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa FF) 12:30 After Lunch in House Activity 2:30 Poker (Villa DD)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa GG) 12:30 After Lunch in House Activity 2:30 Ring Toss (Villa EE)	8:00 1 on 1 Visits 9:00 Alzheimer's Walk Event 2:30 Movie (Villa FF)
CH: 363-373 (AI) 2:00 In House Activity		9 8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 2:30 Reading (Villa AA)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa CC) 12:30 After Lunch in House Activity 2:30 Arts & Crafts (Villa CC)		9:30 Morning Fitness (Villa EE) 12:30 After Lunch in House Activity	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa FF) 12:30 After Lunch in House Activity 2:30 Puzzle (Villa FF)
14	15	_	17	18	19	20
or Games	10:00 Park Café (Villa FF) 12:30 After Lunch in House Activity 2:30 Ring Toss (Villa GG)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa GG) 12:30 After Lunch in House Activity 2:30 Poker (Villa AA)	8:00 1 on 1 Visits 9:30 Time to Horse Around w/ Horses-N- Smiles 12:30 After Lunch in House Activity 2:30 Arts & Crafts (Villa CC)	8:00 1 on 1 Visits 10:30 Music w/ John Dupant 12:30 After Lunch in House Activity 2:30 Karaoke (Villa DD)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 5:00 Pumpkin Fall Festival	8:00 1 on 1 Visits 9:00 Turkey Trot @ Tumamoc Hill 9:30 Morning Fitness (Villa CC) 2:30 Movie (Villa EE)
CH: 363-373 (AI) 2:00 In House Activity	10:00 Park Café (Villa GG) 12:30 After Lunch in House Activity 2:30 Corn Hole (Villa FF)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa DD) 12:30 After Lunch in House Activity 2:30 Bowling (Villa GG)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa EE) 12:30 After Lunch in House Activity 2:30 Arts & Crafts (Villa AA)	8:00 1 on 1 Visits	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa GG) 12:30 After Lunch in House Activity	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 2:30 Puzzle (Villa EE)
28 10:00 Church/Mass CH: 363-373 (AI) 2:00 In House Activity or Games Hanukkah Begins Park Senior Villas	10:00 Park Café (Villa AA) 12:30 After Lunch in House Activity 2:30 Ring Toss (Villa FF)	30 8:00 1 on 1 Visits 9:30 Morning Fitness (Villa CC) 12:30 After Lunch in House Activity 2:30 Uno (Villa GG)		Nove 20		r

Highlights

FROM PET THERAPY & ROCK PAINTING







HOUGHTON

COME TOUR OUR VILLAS TODAY! 520-524-0588

> 844 N. Houghton Rd. **Tucson, AZ 85748**

ParkSeniorVillas.com



ADD YOUR FLOWER TO THE FIGHT TO END ALZHEIMER'S.

WALK our beautiful

path!







- Registration and Walk Opens at 9am
- Walk safely in our local neighborhood
- Participate in our Promise Garden Ceremony
- Brain Games, Food Trucks, Music & More!



Park Senior Villas 844 N. Houghton Rd.

Scan here to Register with our local team! Or Register at alz.org/walk and type: Park Senior Villas



JOIN US AS WE SUPPORT THE CAUSE TO RAISE FUNDS TO MAKE MORE TOMORROWS!