



# PARK

## Senior Villas

• HOUGHTON •

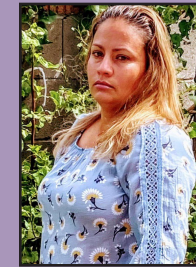
ASSISTED LIVING & MEMORY CARE COMMUNITIES

SEPTEMBER 2021

### EMPLOYEE SPOTLIGHT

#### Maribel "Rita" Caudillo

Caregiver Rita was born in Magdalena, Sonora, Mexico. She was raised in the small town of Pantanito until she moved to Tucson when she was 9 years old. Rita comes from a big family, filled with lots of uncles, aunts and cousins. Rita has three children of her own, Cristal, Christina and Christian. During her free time, she loves going on road trips, hiking, and camping with her family.



Rita became interested in Caregiving because she had to take care of her grandmother one night and it was a lot more difficult than expected. However challenging it was, she felt great after and she found it rewarding. She happens to have a friend who was a caregiver who let Rita know how rewarding it is to help others.

Rita has now been a caregiver for eight years. She enjoys spending time at Park Senior Villas hearing all about residents' life stories.

We are so grateful to have Rita as part of our PSV Community! Thank you!

### RESIDENT SPOTLIGHT

#### Lavonne "Vonnie" Timm



Vonnie was born and raised in Portland, Oregon with her older sister Gale. Vonnie has one daughter, Kristen and 2 grandchildren, Clohe who is 16 years old and Grayson who is 10. She loves spending time with her grandchildren and they are a huge part of her life.

Vonnie's 1st career path was as an executive assistant in personal relations. She was even an assistant to Howard Hughes! Vonnie decided to switch careers later in life and she found her passion for being a flight attendant. Vonnie has almost visited every continent in the world. She's been to Egypt, Israel, China, Japan and Indonesia, just to name a few. Vonnie loved to travel and to meet new people and enjoyed experiencing different cultures. As a flight attendant, Vonnie took great pride on making sure her flyers were taken care of. She loved comforting children who were flying alone and making sure they were attended to.

Vonnie still uses her social skills and is very popular among our residents. She loves spending time with her new friends and she is such a joy to be around. Welcome to your new home Vonnie!

### Our Park Senior Villas Team

Lindsay Estrella - General Manager  
 Joe Adams - Admissions Coordinator  
 Alma Ibarra - Staff Specialist  
 Ismael Carranza - Activities Director  
 Daniel Jaime - Maintenance Manager  
 Yvette Soza - Dietary Manager  
 Sheray White - Care Specialist  
 Taneisha Burton - Care Manager



#### OFFICE HOURS

Monday - Friday ..... 9am-5pm  
 Saturday ..... By Appointment  
 Sunday ..... Closed  
 Office ..... 520-219-0160  
 Fax ..... 520-546-2124

### National Assisted Living Week

- ♥ We will have events to highlight the compassion we have for our residents and the entire PARK Team.
- ♥ We are going to show what a great sense of community we have created by having a Homecoming Parade, complete with a King and Queen.
- ♥ We will honor our PARK family with caring acts of kindness.



9/12 - 9/18



# September

## PARK SENIOR VILLAS ASSISTED LIVING & MEMORY CARE • SEPTEMBER 2021

### ACTIVITY CALENDAR

Please Note - Calendar Events are subject to change.  
If you have any questions or suggestions, please contact Ismael Carranza.



**NATIONAL ASSISTED LIVING WEEK**  
SEPTEMBER 12-18, 2021

**JOIN US FOR A WEEK OF CELEBRATIONS & ACTIVITIES**

**MONDAY- DISNEY DAY**  
**TUESDAY- FOOTBALL DAY**  
**WEDNESDAY- YEARBOOK DAY**  
**THURSDAY- HOMECOMING COURT & SENIOR DANCE**  
**FRIDAY- HOMECOMING PARADE**  
**CELEBRATING THE DECADES & FOOD TRUCK**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 2021</b>						
			1	2	3	4
			8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 2:30 Dominoes (Villa EE)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa DD) 12:30 After Lunch in House Activity 2:30 Uno (Villa EE)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa EE) 12:30 After Lunch in House Activity 2:30 Bingo (Villa AA)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa FF) 12:30 After Lunch in House Activity 2:30 Movie (Villa DD)
5	6	7	8	9	10	11
10:00 Church/Mass CH: 363-373 (AI)  2:00 In House Activity or Games *See Care Staff	10:00 Park Café (Villa AA) 12:30 After Lunch in House Activity 2:30 Corn Hole (Villa EE)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa GG) 12:30 After Lunch in House Activity 2:00 Music w/ Jerry & Carole (Villa GG)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 2:30 Arts & Crafts (Villa FF)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa DD) 12:30 After Lunch in House Activity 2:30 Wheel of Fortune (Villa GG)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa EE) 12:30 After Lunch in House Activity 2:30 Poker (Villa AA)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa FF) 12:30 After Lunch in House Activity 2:30 Puzzle (Villa DD)
12	13	14	15	16	17	18
10:00 Church/Mass CH: 363-373 (AI)  2:00 In House Activity or Games *See Care Staff	<b>DISNEY DAY</b> 10:00 Disney Movie 12:30 After Lunch in House Activity 2:30 Bingo (Villa FF)	<b>FOOTBALL DAY</b> 10:00 Football Game 12:30 After Lunch in House Activity 2:30 Ring Toss (Villa GG)	<b>YEARBOOK DAY</b> 10:00 Slideshow 12:30 After Lunch in House Activity 2:30 Reading (Villa AA)	<b>HOMECOMING DAY</b> 10:00 Dance w/ John Dupant 12:30 After Lunch in House Activity 2:30 Karaoke (Villa DD)	<b>PARADE</b> 10:00 Parade & Party 12:30 After Lunch in House Activity 2:30 Dominoes (Villa EE)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa FF) 12:30 After Lunch in House Activity 2:30 Movie (Villa FF)
19	20	21	22	23	24	25
10:00 Church/Mass CH: 363-373 (AI)  2:00 In House Activity or Games *See Care Staff	10:00 Park Café (Villa EE) 12:30 After Lunch in House Activity 2:30 Puzzle (Villa GG)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa GG) 12:30 After Lunch in House Activity 2:30 Arts & Crafts (Villa AA)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 2:30 Corn Hole (Villa DD)	8:00 1 on 1 Visits 9:30 Time to Horse Around w/ TLC 12:30 After Lunch in House Activity 2:30 Trivia (Villa EE)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa DD) 12:30 After Lunch in House Activity 2:30 Baking (FF)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa EE) 12:30 After Lunch in House Activity 2:30 Wheel of Fortune (Villa GG)
26	27	28	29	30	 <p><b>NATIONAL ASSISTED LIVING WEEK®</b> SEPTEMBER 12-18, 2021</p>	
10:00 Church/Mass CH: 363-373 (AI)  2:00 In House Activity or Games *See Care Staff	10:00 Park Café (Villa FF) 12:30 After Lunch in House Activity 2:30 Bowling (Villa AA)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa FF) 12:30 After Lunch in House Activity 2:30 Uno (Villa DD)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa GG) 12:30 After Lunch in House Activity 2:30 Ring Toss (Villa EE)	8:00 1 on 1 Visits 9:30 Morning Fitness (Villa AA) 12:30 After Lunch in House Activity 2:30 Poker (Villa FF)		

**Park Senior Villas at Houghton**

*Happy Birthday!*

Celebrating our  
September Birthdays!

Deanne J. - Sept 2nd

Nancy B. - Sept 4th

Yvonne J. - Sept 6th

*Welcome!*

to our new residents!

Mildred A.

Leslie E.

Marion W.

Beatrice S.

Shigeko B.

Lavonne T.



# Highlights FROM LAST MONTH



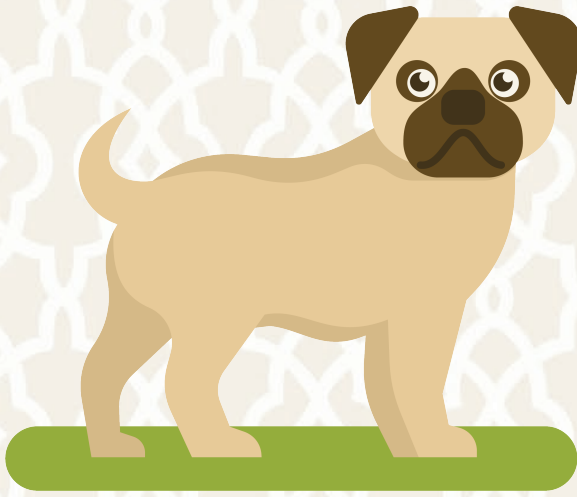
## Exercise



## Fun and Games







## Pet Therapy

